

SEND SUPPORT / 01.04.20

Dear all,

I hope you and your families are well in these difficult times. I wanted to let you know of some really good websites that further external agencies have shared with me regarding supporting children with additional needs. I hope to update you weekly with any further information that I can access.

Many Thanks,

Nicky Olsen / SENCO

SEND SUPPORT

This is a list of information websites, tips and resources to help you support your children with their additional needs, learning, self-esteem and well-being. Children have varying needs and there is no one size approach fits all. It is quite common for children to have additional needs that span all these areas, so select the resources that meet the needs of your child, without worrying too much about the label or category they fall under. Everyone has strengths and weaknesses and these SEND strategies will be beneficial to many children, whether or not they have a diagnosis. Please do not feel you have to implement all these ideas, as they are suggestions that may support your time at home.

Support for pupils with ASD Useful websites	https://www.autism.org.uk/ https://www.autism.org.uk/about/family-life/parents-carers.aspx
Tips	<ul style="list-style-type: none">• Children with Autism need structure and routine. You can help them by using visual timetables to help them see what is happening at each step of the day, so they know in advance what they will be doing next. This will relieve some of their anxiety. https://www.twinkl.co.uk/resources/specialeducationalneeds has some great free resources at the moment linked to timetables and daily routine cards• You might want to set a specific place for your child to complete their work. At school they may use timers and visual support to help them break down their work into smaller achievable steps• If you need to talk about the Coronavirus to your child, there is a good social story to be found on : www.THEAUTISMEDUCATOR.IE by Amanda Guinness (found under the heading/ Autism then resources) another good website is :https://www.elsa-support.co.uk/wp-content/uploads/2020/03/Story-about-Coronavirus.pdf• If your child needs support with emotional resilience, the 5 point scale may be used to support children with managing their emotions. https://www.5pointscale.com/

	<ul style="list-style-type: none"> • Social stories and comic strip cartoons can help children understand different situations and perspectives and address inappropriate behaviour. https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx • If you need to support your child's Sensory needs, the following website is full of useful ideas. https://inclusiveteach.com/2020/03/20/150-sensory-learning-idea
Support for pupils with ADHD Useful websites	<p>https://www.adhdfoundation.org.uk/information/parents/</p> <p>This website has a range of resources and support systems for children with ADHD</p>
Tips	<ul style="list-style-type: none"> • Routines and structure can help support your child. You could create a quiet space for them to learn with no distractions, use positive praise, clear boundaries and set up a reward system. The 5 point plan as discussed above can support with any frustrations that your child may have throughout the day • Sensory toys/ equipment is useful to support concentration- use as needed and let you child have plenty of have natural breaks • Ask them to do one task at a time and chunk it down into small achievable steps • Provide checklists or visual timetables to support organisation • Provide lots of opportunities for exercise, movement and relaxation <p>https://www.youtube.com/watch?v=IEWcBlvqjDk&list=PLyCLOpd4VxBvD7ogmmPLjXyA1q0gFF3pe&index=3</p> <p>https://www.youtube.com/user/CosmicKidsYoga</p>
Support for pupils with Dyslexia Useful websites	<p>https://www.bdadyslexia.org.uk/advice/children/how-can-i-support-my-child</p> <p>https://www.understood.org/en/school-learning/learning-at-home/homework-study-skills/8-working-memory-boosters</p>
Tips	<ul style="list-style-type: none"> • Allow children to use a word processor to complete some written tasks. This highlights spelling errors and offers alternatives. If they can't type, encourage them to learn, so that they are able to use a Word Processor with more speed and fluency. You could also 'scribe' some of their work for them, so that they don't feel overwhelmed by the task. https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr • Memory games are available on: https://www.weareteachers.com/working-memory/ • Some children may access age related audiobooks to develop their love of reading. This will develop their vocabulary and comprehension, without them even realising that they are learning https://stories.audible.com/start-listen

	<ul style="list-style-type: none"> Paired reading - Encourage children to read one page and you read the next page. Read some books to them for pleasure and invite them to read a section if they want to- this will develop their love of books and stories
Support for pupils with Dyspraxia Useful websites	https://dyspraxiafoundation.org.uk/ https://dyspraxiafoundation.org.uk/wp-content/uploads/2013/10/classroomguidelines.pdf
Tips	<ul style="list-style-type: none"> A word processor may be used to complete some written tasks. If they can't type, encourage them to learn, so that they are able to use a Word Processor with more speed and fluency. Pupils may need to finish one task at a time https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr Offer routines and structure and create a quiet space for them to learn with no distractions. Checklists and Visual timetables could be useful to use. Natural breaks could be helpful too Give them something to fiddle with whilst you are talking to them or you want them to focus. It can also be helpful to let them move around whilst they listen. Help your children develop their fine and gross motor skills and core stability https://www.lincolnshirecommunityhealthservices.nhs.uk/application/files/2915/2285/5110/1st_Move.pdf
Support for pupils with Dyscalculia	https://www.sess.ie/categories/specific-learning-disabilities/dyscalculia/tips-learning-and-teaching https://www.bdadyslexia.org.uk/dyslexia/neurodiversity-and-co-occurring-differences/dyscalculia-and-maths-difficulties
	<ul style="list-style-type: none"> Your child may need to concentrate on one problem at a time Using lots of visuals and physical resources that the children can move around may help You could Include children in supporting you with everyday maths problems e.g. cooking, measuring, money etc. Some good websites to support include; https://blog.brainbalancecenters.com/2016/02/5-strategies-for-managing-dyscalculia https://www.understood.org/en/school-learning/partnering-with-childs-school/instructional-strategies/at-a-glance-classroom-accommodations-for-dyscalculia
Support for pupils with Speech and Language	https:// www.lincolnshirecommunityhealthservices/ FIRST CALL https://www.thecommunicationtrust.org.uk/ https://www.ican.org.uk

	<p>Speech sounds</p> <ul style="list-style-type: none"> • Model speech to the children by repeating words back to them correctly. <p>Understanding</p> <ul style="list-style-type: none"> • Give children time to process what you have asked and respond. • Use simple language and break instructions down into smaller steps. • -Encourage children to answer questions, such as who, what, where, when and why? When reading their books. Encourage them to tell you the story in their own words. <p>Expression</p> <ul style="list-style-type: none"> • Talk about all your experiences in detail, teaching new vocabulary all the time. • Discuss vocabulary in books, making sure the children understand the meaning of tricky words. <p>Social Communication</p> <ul style="list-style-type: none"> • Play lots of games with your child to encourage social skills, such as taking turns and winning and losing. • Use a visual timetable and visual aids to provide structure and routines. • Continue to work on Speech and Language targets set by the Speech and Language Therapist (if already seen).
Social, emotional and Mental Health Support	<p>https://www.lpft.nhs.uk/young-people/lincoln/healthy-minds-lincolnshire https://www.lincolnshire.connecttosupport.org</p>
	<p>Further useful websites; Information for parents of how to support children though COVID19 https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf?sfvrsn=f3a063ff_2 Young Minds - Talking to your child about Coronavirus and 10 tips from their Parents Helpline to support family wellbeing: https://youngminds.org.uk/blog/talking-to-your-child-about-coronavirus/ Mindful and relaxation exercises that parents can do with younger children to help with managing anxiety https://www.youtube.com/user/CosmicKidsYoga https://www.headspace.com/meditation/kids Supporting Carers https://www.carersuk.org/help-and-advice/health/looking-after-your-health/coronavirus-covid-19</p>