



Cranwell Primary School Newsletter

Timings of the School Day

Following our consultation with parents concerning the timings of the school day, we are pleased to announce that the Governors have formally adopted the new timings to meet the requirements set out by the Governments White Paper.

From September 2023, the new School timings will be:

Proposed New Timings	
Infants 08:50 - 15:20	6hrs 30mins
Juniors 08:50 - 15:20	6hrs 30mins

The School gates will still be open from 08:40am allowing children to make their way to their classrooms for lessons to begin at 08:50am.

At the end of the day, children will be brought to the front of school with timings slightly staggered. Foundation and Key Stage One children will brought out closer to 15:20, whilst in Key Stage 2, 15:20 is when lessons end and therefore, children will be out a few minutes after this point. Additionally, sometimes unforeseen things happen in class which result in the children coming out a few minutes later. Thank you for your understanding.

Speaking to Class Teachers

If you wish to speak with your class teacher please make an appointment either by emailing or telephoning the school office, or see the member of staff at the gates at the end of the day.

Road Safety

A reminder to please take more care driving in and around the school area. Please remember there is a 5mph speed limit on the drive.

Parking in and around school is often congested at drop off and collection times, as are most schools around England. I ask all parents to consider where you park when dropping off and collecting your children. Yes, you may think you are parked sensibly and your car is not in the way or 'not harming anyone' where it is, but can children cross safely where you have parked? Will your car make it difficult for other cars to get past?

Please spare a thought for all the local residents living around the school perimeter, especially in Cherry Tree Crescent, Baghdad Road, Delhi Square and the Costcutter car park.

Please can we show full consideration and ensure we do not park on, or obstruct any driveways or paths. School are aware of Lincolnshire Police's visits to these areas and are warning parents they are issuing tickets where appropriate.

Many thanks for helping to respect our neighbours.

Exit on the Left

The one-way system in the morning is continuing to work really well with parents dropping their children off. Please make sure your child leaves their car via the passenger side of the car to avoid any accidents.

Grandparents' Day

Preparations for our fabulous Grandparents' Day which has sadly not been able to run since 2020, are well under way. The date is Friday 26th May 2023, which is the last day of this term. Details have been sent out. Please contact the school office if you require more information.

Lunches — Important

If your child is in Foundation Stage or Key Stage One, please make sure you have requested your child's menu at <https://schoolmealsonline.com/login> Please note, if you do not order a meal for your child, no meal will be provided as we will expect you to send in a packed lunch.

Parents of children in Key Stage 2 can also select and pay for hot meals through the same link above.

Packed Lunches

If you want ideas on how to make a healthy packed lunch: www.nhs.uk/change4life/Pages/healthy-lunchbox-picnic.aspx ...have got some great ideas for you, and in no time you'll have delicious lunchbox ideas for all the family.

Take the lunchbox list with you when you shop - it will help you avoid reaching for tempting, less healthy foods, and it could save you time and money too!

Ask Dan Anything for Parents

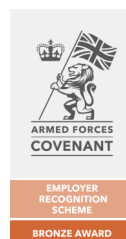
14th June 2023 6-7pm FREE

Over two thirds of students surveyed in the LSOP 2022 Keeping Safe Online Survey indicated that they access their devices once they have gone to bed, and that many parents and carers don't know anything about what they do online. The survey also showed when parents talked openly to their children about their activity online, those students were less likely to experience cyberbullying and more likely to access support. We want to give you the information and tools to help you feel confident enough to protect your children and young people from online harm. Dan Hawbrook, Lincolnshire's Online Guru will chat you through different apps, online trends, parental controls and any other burning questions you may have!

[Ask Dan anything for parents and carers Tickets, Wed 14 Jun 2023 at 18:00 | Eventbrite](https://www.eventbrite.co.uk/e/ask-dan-anything-for-parents-and-carers-tickets-619131869087?scrlbybrkr=c6a4b396)

<https://www.eventbrite.co.uk/e/ask-dan-anything-for-parents-and-carers-tickets-619131869087?scrlbybrkr=c6a4b396>

Kathryn Smith, Community Safety Strategy Coordinator
Lead for Preventative Education





Cranwell Primary School Newsletter

Online Safety

Thank you to the parents who attended our free Online Safety workshop on Wednesday 19th April 2023.

The evening certainly provided you with valuable strategies to keep your family safe on the internet.

The workshop covered the following topics:

Percentages of children accessing online media in various age brackets, which included data of:

The percentage of children watching video platforms such as Youtube.

92% of 3-4 year olds

93% of 5-7 year olds

96% of 8-11 year olds

The percentage of children using Social Media Apps such as Whatsapp/Facebook.

30% of 5-7 year olds

63% of 8-11 year olds

The percentage of children live streaming their own videos

13% of 8-11 year olds

Discussions also took place around:

- Behaviours online linked to safeguarding, the technology available, and the concern of little or no age verification on apps or sites.
- Sites and apps being Algorithm driven meaning that children and parents may have no control over what they are seeing.
- To understand that sites/apps focus is on maximum engagement and how they use advertising
- Unkind comments and how these can be managed
- Online bullying and online grieving
- Falling out in social media groups and the role of parents to manage this

Discussion took place around Gaming, including:

- Social interaction and levels of screen time, its benefits and disadvantages. The engagement the children have with one another with online social interaction as a means of children keeping in touch and not being isolated.
- Peer pressure and the pressure to be unique, or being better at a game. The addictive need to make their skin/avatar the 'best'
- Phishing scams
- Hacking in to accounts such as Roblox and Fortnite through Youtube
- Live streaming and the increase in apps such as Twitch and the resulting social isolation issues which may occur

Discussion took place around Youtube, including:

- Influencers
- Positives of Youtube, including the most common searched content, such as: 'How to...'
- Content – parents concern as to what the children are being exposed to.
- Restrictive modes – what can be done
- Supervised experience, including: Explore (9+), Explore More (13+)
- Controlling of features via Google Accounts and managing children's online access
- Parental access to allow listings

Discussion took place around Social Media, including:

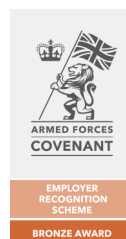
- Sharing with friends
- Messaging
- Showing off and influencing to make money
- Using Snapchat to make money

Discussion took place around the Internet Watch Foundation (IWF) including:

- Investigating illegal activity
- Self-generated images
- Online police reporting techniques

Final summary discussion took place around how important it is for children to be online, and, managed well can result in the experience not only being educational, but also socially important. Managing children's online experience is vital through:

- Talking to the children
- Learning about where children go online, and
- What they do online
- Learn what motivates your child online
- Monitor their language – this can give an indication as to what they have seen or who has influenced them
- Their attitude online and whilst offline
- Being supportive – how can you help?
- Monitor the apps and sites they have accessed
- Question anything you are not sure about
- Play together – share some time together online
- Monitor their social media – Whatsapp groups etc



Cranwell Primary School Newsletter

Well done to Class 2C who have been learning about vehicles, including: investigating a variety of vehicles and their uses, learning about wheels, axles and chassis and how to make our own vehicles.

2C'S MOVING VEHICLE'S



PIC•COLLAGE



Cranwell Primary School Newsletter

Twitter

Check out our fantastic twitter page at #@CranwellSchool

You can keep up to date with the exciting things going on in school by following our Twitter account on the school website and #@CranwellSchool



Medical Info & Absences

If your child has a medical appointment, if possible, can you please send a note into the class teacher giving prior notice.

Please notify the school office of all absences either by email or phone, stating reasons.

Contact Details

Please ensure that the school office is notified of any change in your contact details.

Parentmail

Please remember to check your emails daily as school news and information will be sent via ParentMail. If you have not signed up or updated your email address, please do so via the school office: enquiries@cranwell.lincs.sch.uk

Top Tips for Riding to School

- Ride with your children.
- Do not let your child ride to school if they are not riding with you, or not attending Bikewise Training, or not safe to do so alone.
- Wear a properly-fitted helmet. It is the best way to prevent head injuries and death.
- Ride on the pavement when you can.
- Use hand signals and follow the rules of the road.
- Wear bright colours and use lights, especially when riding at night and in the morning.

Please see below some useful websites to help you teach your child the rules about cycling:

<https://bikeability.org.uk/cycle-more/family-cycling/essential-cycling-skills-for-families/>

<https://www.raleigh.co.uk/gb/en/cycling-advice/riding-guide-cycling-to-school-safely/>

Please can we all help keep everyone safe by ensuring children dismount their scooters and bicycles as they enter the school grounds. Many thanks.

Allergies

We currently have children in school who have severe allergies. Please can I ask parents to ensure no packed lunches or snacks include nuts/peanut butter/chocolate spread etc. Many thanks for your support in this matter.

Term Dates

Academic Year 2022—2023

Term 5 : ends — Fri 26th May 2023

Term 6 : Mon 5th June — Fri 21st July 2023

Academic Year 2023-2024

Term 1 : Wed 6th Sept — Fri 20th October 2023

Term 2 : Tues 31st Oct — Wed 20th Dec 2023

Term 3 : Wed 3rd Jan — Fri 9th Feb 2024

Term 4 : Mon 19th Feb — Thurs 28th March 2024

Term 5 : Tue 16th April — Fri 24th May 2024

Term 6 : Mon 3rd June — Fri 19th July 2024

Academic Year 2024-2025

Term 1 : Wed 4th Sept — Fri 18th October 2024

Term 2 : Tues 29th Oct — Thurs 19th Dec 2024

Term 3 : Mon 6th Jan — Fri 14th Feb 2025

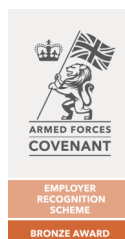
Term 4 : Mon 24th Feb — Fri 4th April 2025

Term 5 : Tue 22nd April — Fri 23rd May 2025

Term 6 : Mon 3rd June — Tues 22nd July 2025

Further dates for 2025—26 can be found on the school website at

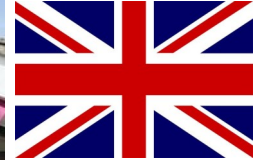
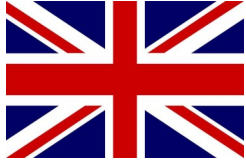
www.cranwell.lincs.sch.uk/termdates.asp



Cranwell Primary School Newsletter

HM King Charles III

Coronation Model Competition



Well done to the winners of the competition Thomas Edgoose and Harvey-Logan Holt for their 3D artwork. Thomas had made a fantastic King's Crown containing numerous flags of the Commonwealth. Harvey had created a collage to celebrate the King's Coronation based on the Union Jack.

The artwork, along with the classes artwork in the style of Andy Warhol, has been displayed in St Andrew's Church, Cranwell.

Cranwell Primary School Newsletter

National Smile Month Poster Competition

Community
Dental
Services

Lincolnshire
COUNTY COUNCIL
Working for a better future

WIN an electric toothbrush presented to you by the Red Arrows in Lincolnshire.

During the 15th May and 15th June 2023, Community Dental Services in partnership with Lincolnshire County Council Public Health team will be celebrating National Smile Month, raising awareness of the importance of good oral health and we would love your help!

We are asking children between the ages of 5 and 11, to design an educational poster (A4 size) promoting the importance of looking after our teeth, whether it's about brushing, eating tooth friendly foods and drinks or both.

The posters should be created with pencils / pens / crayons / paints, but no glitter or stuck on extras.

The winning design will be used on educational resources throughout Lincolnshire.



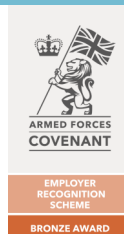
The winning poster will be judged by the world famous Red Arrows team and used across Lincolnshire to promote oral health. The winner will win an electric toothbrush which will be presented by the Red Arrows in Lincolnshire.

Please send your entries in by 5pm 15th June 2023 via either email at ohimp.lincolnshire@cds-cic.nhs.uk or by post to:

Oral Health Improvement Team, Community Dental Services CIC
North Hykeham Health Centre
Moor Lane, Lincoln
LN6 9BA

Winner will be announced on 30th June 2023. Please ensure you provide the child's name, school they attend or parents contact on the back of the poster or in the email.

The winner will be expected to take part in post-competition publicity for CDS and The Red Arrows. This may mean their name and image being used on the internet, in publications, on TV and Radio, along with an image of their winning design.





Cranwell Primary School Newsletter

National Smile Month Poster Competition

National Smile Month is a charity campaign all about championing the benefits of having good oral health and promoting the value of a healthy smile.

Between 15 May and 15 June 2023, Community Dental Services, working in partnership with Lincolnshire County Council (LCC), will be promoting the Oral Health Foundation campaign by raising awareness of important health issues.

[National Smile Month | Home | Oral Health Foundation \(dentalhealth.org\) https://www.dentalhealth.org/national-smile-month](#)

To support this campaign, we would love to get children thinking about why we should look after our teeth and how, and to design a new oral health poster to share across Lincolnshire.

The poster needs to be A4 size, and created using pens, pencils, crayons or paints but no glitter or stuck on extras.

It could be about brushing teeth (why we need to brush/how we should brush) or about tooth friendly foods and drinks.

We have some videos on our YouTube page talking about our key messages which may help:

[How to look after your teeth: \(©\)Community Dental Services CIC, 2022 - YouTube https://www.youtube.com/watch?v=oRQZ5hkYy-Y&t=2s](#)

[Healthy and Unhealthy Foods : \(©\)Community Dental Services CIC, 2022 - YouTube https://www.youtube.com/watch?v=1ynYeqNd0h8&t=2s](#)

Entries must be received by no later than 5pm on Thursday 15th June 2023.

Late entries will be disqualified. Entrants will need their parent/guardian's permission to enter the competition and ensure that they have read the rules.

Please ensure the child's name is on the back/accompanied in the email along with the school they attend, or parent/guardian contact number. We will only use this if the child is the winner.

Entry is via post or email.

Email: email your entries to ohimp.lincolnshire@cds-cic.co.uk

Original posters must be retained as this will be needed if it's the winner.

Post: put entries into an A4 sized envelope with the correct postage and send to:

Oral Health Improvement Team, Community Dental Services CIC, North Hykeham Health Centre, Moor Lane, Lincoln, LN6 9BA.

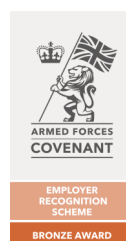
Please do not fold your entries.

The winner will be announced on 30th June 2023 and will be expected to take part in post-competition publicity for CDS, and The Red Arrows on 6th July, 7th July or 23rd August 2023 – date to be arranged.

The winner's name and image may be used on the internet, in publications, on TV and Radio, along with a copy of their winning design.

The parent / guardian of an entrant is deemed to have accepted our Rules when giving permission to the entrant to submit their entry. Our rules of entry are on the next page.

Any questions please contact Jennifer Baitup: ohimp.lincolnshire@cds-cic.co.uk





Cranwell Primary School Newsletter

National Smile Month Poster Competition

Community
Dental
Services

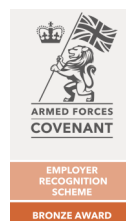
Lincolnshire
COUNTY COUNCIL
Working for a better future

WIN an electric toothbrush presented to you by the Red Arrows in Lincolnshire.

RULES OF ENTRY

1. Community Dental Services & Lincolnshire County Council's National Smile Month Poster Competition is open to all Lincolnshire residents aged between 5 and 11 years on the closing date of 15th June 2023.
2. We welcome entries from children of all abilities and needs.
3. To enter the competition, entrants must:
Design an A4 sized poster. This can be landscape or portrait but must not have any items attached to it (i.e., glued on glitter, taped on pom poms).
Ideas must be the entrant's own work.
4. Have parent / guardian's permission to enter the competition.
5. Email entrants must retain the original poster as this will be required if chosen as the winner.
6. Entries must be received by 5pm on Thursday 15th June.
Late entries will be disqualified.
7. Only one entry per person to be submitted. If multiples are received, we will accept the first and disregard others.
8. Shortlisted entrants will be telephoned on 30th June 2023 to check eligibility (Lincolnshire resident, aged under 11, available on 6th July / 7th July / 23rd August, and has retained the original poster – if submitted by email).
9. If CDS is unable to contact the winner after a reasonable number of attempts have been made, we reserve the right to offer the prize to the next best entry.
10. The prize is as stated and cannot be transferred. There is no cash alternative.
11. Winner will be expected to take part in post-competition publicity for CDS and The Red Arrows (forecasted to be on 6th July / 7th July / 23rd August – date and location to be arranged and subject to change). The winner will be expected to make their own travel arrangements to collect their prize, which will be presented by the Red Arrows in Lincolnshire, subject to any operational changes.
The winner's name and image may be used on the internet, in publications, on TV and Radio, along with a copy of their winning design.
12. The parent / guardian of an entrant is deemed to have accepted these Rules when giving permission to the entrant to submit their entry.
13. CDS & LCC will use the winning design on educational posters and resources throughout Lincolnshire.


**Any questions please contact Jennifer Baitup on:
ohimp.lincolnshire@cds-cic.nhs.uk**



Cranwell Primary School Newsletter

Twitter

We have arranged a whole school Theatre Company to come in to our school on the morning of Wednesday 24th May 2023. Please see below. There will be no charge for this event.



DELIVERIES

DEL 1VA

RHUBARB THEATRE PRESENTS

FINDING CHESTER

A MAGICAL, MUSICAL AND MOGGY-FILLED ADVENTURE FOR 5-12 YEAR OLDS AND THEIR FAMILIES

MAGIC LITTLE GRANTS

Supported using public funding by
ARTS COUNCIL ENGLAND

www.rhubarbtheatre.co.uk

Cranwell Primary School Newsletter

Your guide to health services in Lincolnshire



Self Care

Treat aches, pains, coughs, and colds at home. Stock up your medicine cabinet with over the counter remedies.



Pharmacy

Visit your local pharmacy for advice on minor injuries, allergies, constipation, headaches, cold and flu symptoms, and earache.



Your GP Practice

Contact your GP practice about symptoms that aren't going away. They can offer you an appointment or signpost you to other services.



NHS 111

If you have an urgent health need but are not sure what to do, call 111 or visit 111.nhs.uk. Available 24/7.



WaitLess

Download the WaitLess app to view live waiting times, queue numbers and travel-time information for our urgent care facilities.



Urgent Treatment Centre

Seek help for sprains, fractures, minor burns, and skin infections. Walk in or book an appointment via NHS 111.



Dental Treatment

For urgent dental care please contact your normal dental practice, or for advice out of hours call NHS 111.

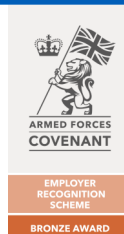


Mental Health Crisis

If you are worried about your mental health, call 0800 001 4331 (adults) or 0800 234 6342 (children and young people). Available 24/7.

In a medical emergency call 999.

This is when someone is seriously ill or injured and their life is at risk.
For more information visit www.nhs.uk.



Cranwell Primary School Newsletter



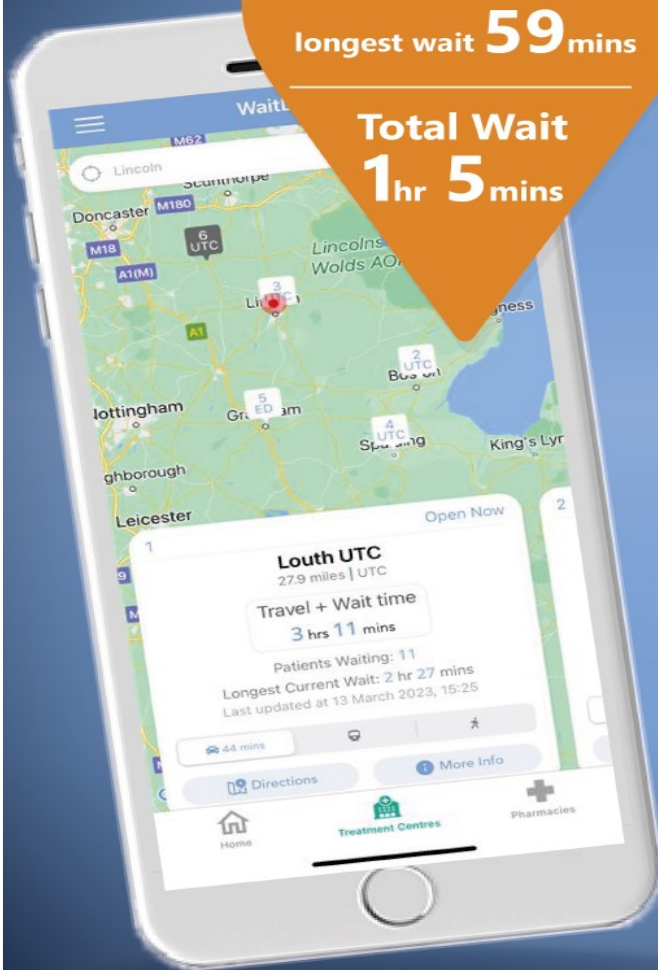
WAITLESS



**Avoid long wait times
when you need
urgent care**

16 mins travel
11 patients waiting
longest wait 59 mins

Total Wait
1hr 5 mins



WaitLess

The WaitLess app combines travel, waiting and treatment times at all urgent care facilities across Lincolnshire, to give patients the most accurate picture of how long they may spend at each location, allowing them to decide on the most appropriate setting to attend.

Don't wait.
Download **WaitLess** now.

