

Cranwell Primary School Newsletter

Helping Hands

Well done to the children in our 'Helping Hands' group, who have presented to all of the Headteachers in Lincolnshire about the progress and impact the group has had on the lives of the children involved. The children put together an engaging video of their activities within school. Led by Mrs Nicky Olsen and Mrs Sue Bowes, the group has continued to grow! Well done

children, a superb job!

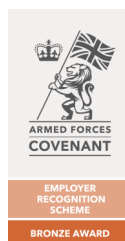


VIAM 2023

Children from Cranwell Primary School Choir thoroughly enjoyed their trip to London to take part in this year's Voice in a Million (VIAM) 2023 Concert last week. The group, led by Mrs Georgie Case, spent the whole day at OVO Arena, Wembley, rehearsing, followed by an evening performance. The children sang alongside thousands of other children from around the country.

This year's guest performer, singing along with the children, was 'West End' star, Darren Day.

The children performed admirably and were fantastic ambassadors for our school. Well done!





Cranwell Primary School Newsletter

Parent Evenings

Parent evenings have been arranged for the week beginning 27th March 2023. If you have not received a time slot, please contact your child's class teacher via the school office. The school governors will be in school while parent interviews take place, providing refreshments and answering any questions you may have.

A bookfair will be available. The stalls will be displayed in the school hall for children to purchase books.

Uniform

We have been very impressed with the children looking so smart in the first few weeks of this term. Please remember, we are currently wearing our winter uniform. See [School Uniform - Cranwell](#) for more details.

Please remember that long hair should be tied up, and jewellery, make-up and nail polish are not allowed. We would be grateful if parents could support the school with these rules.

Remember—Name Everything!

Be aware that when you have a class of 30 children the majority of white shirts are the same size and often from the same providers. Ties are identical! Shoes also look very similar. Trying to distinguish whose items are whose is very difficult without them being named!

Thank you for your help.

Timings of the School Day

School drop off is between 8:40am and 8:55am.

School finishes at 3:05pm for the Foundation Stage and Key Stage One, and 3:15pm for Key Stage Two.

Please note, this is when lessons end. Children will be out a few minutes after this point. Additionally, sometimes unforeseen things happen in class which result in the children coming out a few minutes later. Thank you for your understanding.

Please try not to stand immediately in front of the silver gates at the front of school. This will allow children to easily exit the school and locate their parents.

If you wish to speak with your class teacher please make an appointment either by emailing or telephoning the school office, or see the member of staff at the gates at the end of the day.

Internet Safety

Help your child become a smarter, safer and happier explorer of the online world.

Google have a 'Be Internet Legends Parent's Page' — a helpful handbook full of tips and tricks for supporting your child's digital education.

There are lots of simple ways to reinforce the important online safety lessons your child has been learning in school, through Google's Be Internet Legends programme. Created in partnership with Parent Zone, the programme is empowering families to make the most of the internet by helping them become confident digital citizens.

See more at : https://beinternetlegends.withgoogle.com/en_uk/parents/

Parents' Afternoon

You will be pleased to hear that we are currently planning our Parents' Afternoon. This will take place on Thursday 25th May 2023 from 1.15pm. During this afternoon, you will have the opportunity to tour the school with your child. Details have been sent out. Please contact the school office if you require more information.

Grandparents' Day

We are currently planning for our fabulous Grandparents' Day which has sadly not been able to run since 2020.

The date will be Friday 26th May 2023, which is the last day of term 5.

Details have been sent out. Please contact the school office if you require more information.

If it Snows

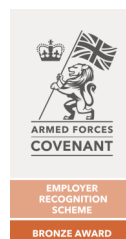
If you are unsure whether the school will be open on a day when it snows, please listen to BBC Radio Lincolnshire and Lincs FM, their respective websites and Parentmail which will all provide relevant information as to whether we are open or not. A decision may not be made until 8am, therefore remain at home until the latest time possible to safely travel to school. Please note, even when these establishments are contacted by school, it can often take a considerable time for the information to be available for broadcasting or uploading.

Lunches

If you want ideas on how to make a healthy packed lunch: www.nhs.uk/change4life/Pages/healthy-lunchbox-picnic.aspx

...have got some great ideas for you, and in no time you'll have delicious lunchbox ideas for all the family.

Take the lunchbox list with you when you shop - it will help you avoid reaching for tempting, less healthy foods, and it could save you time and money too!





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Social Media use outside of school

We are writing to advise you of a few concerns that we have regarding children's use of social media outside of school during evenings and weekends.

There are several groups of pupils using social media to be persistently unkind about other pupils and/or discuss inappropriate content over platforms such as Snapchat and WhatsApp.

This may lead to upset and polarisation of some pupils within school and is not in line with our ethos or values.

The current age requirement for WhatsApp is 16+ although it had previously been 13. If you do allow your child to access social media, you as the parent, take the responsibility for supervising their activity online.

We therefore ask for your vigilance. Just like their interactions in person, online interactions require supervision and support.

What is right will vary from family to family but some strategies that are known to be successful include:

- *Monitoring their phones for the apps that are downloaded*
- *Enacting parental controls on phones and consoles*
- *Reviewing the messages they send on platforms and apps – making monitoring part of a daily or weekly routine*
- *Setting expectations about what space (preferably communal) and times they have access to devices*
- *Encouraging them to share or discuss with you what they are doing.*

Whilst we appreciate the benefits (and prevalence) of these forms of communication, some of our pupils struggle when any problems or conflict arise as a result of what is being shared.

We are asking for your partnership in dealing with this, as this is happening outside of school.

As a school we are responding to this with additional teaching during Computing, Citizenship and Wellbeing lessons and in 1:1 conversations and teaching opportunities as they arise. We will also offer more guidance at:

<https://www.cranwell.lincs.sch.uk/stayingSafe.asp>

and

<https://www.parliamentfederation.co.uk/MainFolder/Documents/KPS/Parents/Apps-Info/What-is-Whatsapp.pdf>

and helpful tips are found in our newsletters at:

<https://www.cranwell.lincs.sch.uk/newsletters.asp>

Thank you for your co-operation and continued support.

Please note, Mobile phones and smart watches (with camera or messaging facilities) are not allowed in school.

On-line Safety — Do Not Ignore

We have arranged a free Online Safety workshop available for all parents, which will take place on **Wednesday 19th April 2023 from 15:45– 16:45 in the School Hall.**

We stress the importance of a parent attending the session to provide you with a valuable strategy to keep your family safe on the internet.

Please note, this session is not suitable for children to attend.

Why is it important to stay safe online?

The potential for the internet to be a valuable and fun resource for entertainment, making friends and learning is huge. But if you use the internet, you could be at risk of illegal activity or abuse - be it bullying, fraud or something more serious. Unlike seeing someone face-to-face, on the net, people aren't always what they first seem. Placing your child's name online and a picture of them in school uniform gives away a great deal of information that others may misuse and gain access to your child.

In the same way you learn about safety when you leave the house, it is important to learn how to stay safe online. These are skills that will stay with you for life.

Road Safety

A reminder to please take more care driving in and around the school area.

Please remember there is a 5mph speed limit on the drive.

Parking in and around school is often congested at drop off and collection times, as are most schools around England. I ask all parents that you always consider where you park when dropping off and collecting your children. Yes, you may think you are parked sensibly and your car is not in the way or 'not harming anyone' where it is, but can children cross safely where you have parked? Will your car make it difficult for other cars to get past?

Please spare a thought for all the local residents living around the school perimeter, especially in Cherry Tree Crescent, Baghdad Road, Delhi Square and the Costcutter car park.

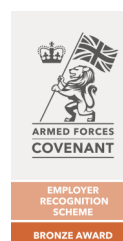
Please can we show full consideration and ensure we do not park on, or obstruct any driveways or paths. School are aware of Lincolnshire Police's visits to these areas and are warning parents they are issuing tickets where appropriate.

Many thanks for helping to respect our neighbours.

Exit on the Left

The one-way system in the morning is continuing to work really well with parents dropping their children off. Please make sure your child leaves their car via the passenger side of the car to avoid any accidents.

Thank you.





Cranwell Primary School Newsletter

Twitter

Check out our fantastic twitter page at #@CranwellSchool

You can keep up to date with the exciting things going on in school by following our Twitter account on the school website and #@CranwellSchool



Medical Info & Absences

If your child has a medical appointment, if possible, can you please send a note into the class teacher giving prior notice.

Please notify the school office of all absences either by email or phone, stating reasons.

Contact Details

Please ensure that the school office is notified of any change in your contact details.

Parentmail

Please remember to check your emails daily as school news and information will be sent via ParentMail. If you have not signed up or updated your email address, please do so via the school office: enquiries@cranwell.lincs.sch.uk

Top Tips for Riding to School

- Ride with your children.
- Do not let your child ride to school if they are not riding with you, or not attending Bikewise Training, or not safe to do so alone.
- Wear a properly-fitted helmet. It is the best way to prevent head injuries and death.
- Ride on the pavement when you can.
- Use hand signals and follow the rules of the road.
- Wear bright colours and use lights, especially when riding at night and in the morning.

Please see below some useful websites to help you teach your child the rules about cycling:

<https://bikeability.org.uk/cycle-more/family-cycling/essential-cycling-skills-for-families/>

<https://www.raleigh.co.uk/gb/en/cycling-advice/riding-guide-cycling-to-school-safely/>

Please can we all help keep everyone safe by ensuring children dismount their scooters and bicycles as they enter the school grounds. Many thanks.

Allergies

We currently have children in school who have severe allergies. Please can I ask parents to ensure no packed lunches or snacks include nuts/peanut butter/chocolate spread etc. Many thanks for your support in this matter.

Term Dates

Academic Year 2022—2023

Term 4 : ends — Fri 31st March 2023

Term 5 : Tues 18th April — Fri 26th May 2023

Please note:

Bank Holidays 1st and 8th May 2023

Term 6 : Mon 5th June — Fri 21st July 2023

Academic Year 2023-2024

Term 1 : Wed 6th Sept — Fri 20th October 2023

Term 2 : Tues 31st Oct — Wed 20th Dec 2023

Term 3 : Wed 3rd Jan — Fri 9th Feb 2024

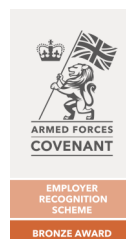
Term 4 : Mon 19th Feb — Thurs 28th March 2024

Term 5 : Tue 16th April — Fri 24th May 2024

Term 6 : Mon 3rd June — Fri 19th July 2024

Further dates for 2024 -25 and 2025—26 can be found on the school website at

www.cranwell.lincs.sch.uk/termdates.asp

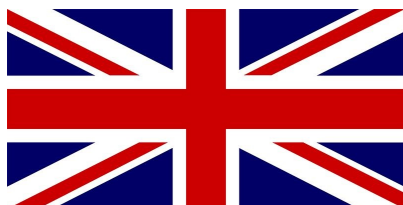




Cranwell Primary School Newsletter

HM King Charles III Coronation

Model Competition



As you will be aware, King Charles III's coronation will take place on Saturday 6 May 2023 at Westminster Abbey in London. During the ceremony, the King will be crowned alongside Camilla, the Queen Consort.

To help celebrate the event, we will be running an optional 3D Design competition.

Prizes will be awarded for 1st, 2nd and 3rd places for the two age categories:

Foundation/Key Stage 1 and
Key Stage Two

Entries must be received in the school office by Thursday 20th April 2023 and will be judged the following day.

There is no minimum size for the entries, but they must be under 100cm x 50cm x 50cm.

Please ensure entries are clearly labelled (possibly underneath) with the child's name and current class.

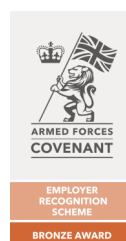
Entries will be displayed in St Andrew's Church during the week beginning 2nd May 2023 and the week of the coronation. The entries will also be on display in school during Parents Afternoon and Grandparents Day.

Please see below some examples of models that children may wish to design and make.

A crown / sceptre or Orb A model stagecoach A model of Buckingham Palace A flag A badge	a London Bus a London landmark Remember, these are only ideas. Try to be as creative as possible!
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Models can be made from any medium, including cardboard, fabric, metal, paper-mache or wood, but please ensure children are supervised if tools are used.

Enjoy!





Cranwell Primary School Newsletter

Inappropriate Content Online Advice for Parents

Over the last few months, Lincolnshire have seen an increase in the number of schools reporting that students, while at home, have accessed content which is not always appropriate, some of which has been quite scary or upsetting. We have also had a report of worrying trends on TikTok encouraging nudity from its users. This can have legal implications for our children and young people that they often aren't aware of.

While there is no perfect way to eliminate this risk, we feel that there are things parents and carers can do to support their children online, reduce the risk or manage it after the fact. Remember to keep lines of Communication open with your children and young people. Just like we ask them how their day was at school and what they got up to it is equally important to have this conversation about their Online lives. If you can keep technology out of the bedrooms and private spaces this is also an effective tool in safeguarding our children.

Here are some more practical steps parents and carers can follow:

Contact their Internet Service Provider (ISP): Companies that provide broadband such as BT, Sky and Virgin, offer free protection for parents and carers. They can filter your internet connection directly, without having to install anything. Guide on how to use this can be found here: <https://www.internetmatters.org/parental-controls/broadband-mobile/>

YouTube is a fantastic resource, but not all the content is appropriate for children and not all YouTube channels are made for young audiences. YouTube has an app just for children – YouTube Kids – but many people don't realise that the main YouTube app has a restricted mode. Check out more about how it works here: <https://www.internetmatters.org/parental-controls/entertainment-search-engines/youtube-app/>

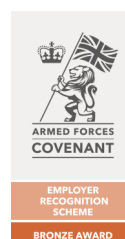
Parental Controls for Devices - <https://www.internetmatters.org/parental-controls/smartphones-and-other-devices/>

Games consoles have features that can limit what games they can play based on the age ratings and can even turn off certain features to allow gaming to be a little safer. To learn more about these features visit <https://www.internetmatters.org/parental-controls/gaming-consoles/>

Games are also rated based on the content; not how difficult they are. 18 rated games can have very graphic violence, adult language and themes, sexual content, and horror elements. Learn a bit more about appropriate games by visiting <https://www.thinkuknow.co.uk/parents/articles/gaming-whats-appropriate-for-your-child/> or visit this site for more about game ratings <https://parentzone.org.uk/article/pegi-games-ratings-explained>

Social Media privacy guide - <https://www.internetmatters.org/parental-controls/social-media/>

Have you heard about Tik Tok Family Pairing <https://newsroom.tiktok.com/en-us/tiktok-introduces-family-pairing> Family pairing allows adults to link their accounts to their teenagers account so you can customise their safety settings such as content, privacy and well being settings.



Cranwell Primary School *Newsletter*

EASTER HUNT

PTA
EVENT

Hop on over to our Easter hunt!
Join us with your parent/carer* to search for
our hidden clues & receive a yummy prize
for your efforts!

THURS 30TH MARCH

3.30PM – 4:30 PM

SCHOOL FIELD

£2/CHILD VIA PARENTMAIL

**BASC attendees will be chaperoned by staff*

Cranwell Primary School Newsletter

Your guide to health services in Lincolnshire



Self Care

Treat aches, pains, coughs, and colds at home. Stock up your medicine cabinet with over the counter remedies.



Pharmacy

Visit your local pharmacy for advice on minor injuries, allergies, constipation, headaches, cold and flu symptoms, and earache.



Your GP Practice

Contact your GP practice about symptoms that aren't going away. They can offer you an appointment or signpost you to other services.



NHS 111

If you have an urgent health need but are not sure what to do, call 111 or visit 111.nhs.uk. Available 24/7.



WaitLess

Download the WaitLess app to view live waiting times, queue numbers and travel-time information for our urgent care facilities.



Urgent Treatment Centre

Seek help for sprains, fractures, minor burns, and skin infections. Walk in or book an appointment via NHS 111.



Dental Treatment

For urgent dental care please contact your normal dental practice, or for advice out of hours call NHS 111.



Mental Health Crisis

If you are worried about your mental health, call 0800 001 4331 (adults) or 0800 234 6342 (children and young people). Available 24/7.

In a medical emergency call 999.

This is when someone is seriously ill or injured and their life is at risk.

For more information visit www.nhs.uk.

Cranwell Primary School *Newsletter*

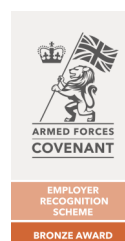


Bank Holiday Pharmacy Opening Times

Over the Bank
Holiday weekend the
opening hours for
pharmacies may
change.



[NHS England — Midlands » Bank Holiday pharmacy opening times](https://www.nhs.uk/england/midlands/bank-holiday-pharmacy-opening-times)



Cranwell Primary School Newsletter

App to help people WaitLess for urgent and emergency care services in Lincolnshire

The NHS across Lincolnshire has introduced a smartphone app, which is designed to help people choose the least pressured urgent and emergency care services and to understand waiting times better.

The WaitLess app combines current waiting time, queue numbers and travel-time at urgent care facilities in the county. This displayed information helps people make an informed decision about where to seek the fastest treatment for minor illness and injuries. Along with this, the app displays all available pharmacies in the area as an alternative treatment option.



WAITLESS



**Avoid long wait times
when you need
urgent care**



WaitLess

The WaitLess app combines travel, waiting and treatment times at all urgent care facilities across Lincolnshire, to give patients the most accurate picture of how long they may spend at each location, allowing them to decide on the most appropriate setting to attend.

Don't wait.
Download **WaitLess** now.





Cranwell Primary School Newsletter

Be smart on the internet

Childnet
International
www.childnet.com

S

SAFE

Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.



M

MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.



A

ACCEPTING

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!



R

RELIABLE

Information you find on the internet may not be true, or someone online may be lying about who they are.



T

TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

You can report online abuse to the police at www.thinkuknow.co.uk

THINK
U
KNOW
CO.UK



www.kidsmart.org.uk

KidSMART



Visit Childnet's Kidsmart website to play interactive games and test your online safety knowledge. You can also share your favourite websites and online safety tips by Joining Hands with people all around the world.



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