



Cranwell Primary School Newsletter

Uniform

Please remember, we should be wearing winter uniform:

Children should be in shirts with a tie, rather than a polo shirt (unless they are in Foundation Stage).

See [School Uniform - Cranwell](#) for more details.

Please remember that long hair should be tied up, and jewellery, make-up and nail polish are not allowed. We would be grateful if parents could support the school with these rules.

Remember—Name Everything!

Be aware that when you have a class of 30 children the majority of white shirts are the same size and often from the same providers. Ties are identical! Shoes also look very similar. Trying to distinguish whose items are whose is very difficult without them being named!

Thank you for your help.

Back to school advice issued amid high levels of flu, COVID-19 and scarlet fever

Once again, we have been asked by the UK Health Security Agency to share this with you: https://www.gov.uk/government/news/back-to-school-advice-issued-amid-high-levels-of-flu-covid-19-and-scarlet-fever?utm_medium=email&utm_campaign=govuk-notifications-topic&utm_source=4e9d6b96-3cfa-4c46-85f5-b1bf9da4e85d&utm_content=immediately.

See information below taken from www.gov.uk: Following simple steps can help protect children, minimise the spread of illness in education and childcare settings and protect wider communities.

Flu and coronavirus (COVID-19) are currently circulating at high levels and are likely to continue to increase in coming weeks. High numbers of scarlet fever, which is caused by group A streptococcus, also continue to be reported.

Professor Susan Hopkins, Chief Medical Adviser at the UK Health Security Agency (UKHSA), said:

"It's important to minimise the spread of infection in schools and other education and childcare settings as much as possible. If your child is unwell and has a fever, they should stay home from school or nursery until they feel better and the fever has resolved."

Helping children to learn about the importance of good hand hygiene is also key, so practice regular handwashing at home with soap and warm water. Catching coughs and sneezes in tissues then binning them is another simple way to help stop illness from spreading.

Adults should also try to stay home when unwell and if you do have to go out, wear a face covering. When unwell don't visit healthcare settings or visit vulnerable people unless urgent.

Remember that flu vaccination is still available for all eligible groups and is the best protection against the virus. We have seen good uptake in older age groups but vaccination among young children remains low. Flu can be very unpleasant and in some cases can lead to more serious illness. Getting your

child vaccinated protects them and others they come into contact with, and it's still not too late."

Cleaning Regimes

I would like to reassure you that the Cleaning Team in school are keeping standards very high. Toilets, desks and door handles are cleaned and sanitised throughout the school day. The Cleaning Team are doing a fantastic job!

If it Snows

If you are unsure whether the school will be open on a day when it snows, please listen to BBC Radio Lincolnshire and Lincs FM, their respective websites and Parentmail which will all provide relevant information as to whether we are open or not. A decision may not be made until 8am, therefore remain at home until the latest time possible to safely travel to school. Please note, even when these establishments are contacted by school, it can often take a considerable time for the information to be available for broadcasting or uploading.

Thurston—Year 5 only

On Wednesday 8th February 2023 at 17:30 parents and children are requested to attend a meeting to prepare for the trip. The meeting will also discuss:

- medical procedures and emergency contact details for the trip
- permission paperwork
- a list of the items required and how you will need to pack.
- times for leaving and returning

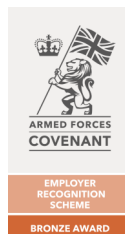
Parents in the past have found this meeting vital in preparation for the trip and cannot stress enough the importance to attend.

The meeting will take place in Cranwell Primary School Hall at 17:30.

Twitter

Check out our fantastic twitter page at [#@CranwellSchool](#)

You can keep up to date with the exciting things going on in school by following our Twitter account on the school website and [#@CranwellSchool](#)



Cranwell Primary School Newsletter

Wellbeing Focus

What are you doing to support your Mental health and wellbeing?

2023 has been a fresh new year here at Cranwell Primary School and a chance to start to reflect on our own well-being.

Staff and pupils have been enjoying 'Well-being Wednesdays' each week under the umbrella of connecting with others, learning something new, taking notice of things around us, giving to others as well as being active.

At breaktimes and lunchtimes there are additional active wellbeing activities run by staff, as well as additional reflective times throughout the school day.



Children's Mental Health Week

Children's Mental Health Week is an opportunity to shine a spotlight on the importance of children and young people's mental health. This year, Children's Mental Health Week is the week beginning Monday 6th February 2023.

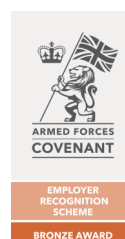
During the week, children will be reflecting on their own mental health and taking part in different activities to express themselves.

This Children's Mental Health Week, we're asking you to **Dress to Express** on **Friday 10th February 2023** and asking you to **donate £1**. We will be donating this money to the charity Place2Be who support children and young adults with their mental health.

Please come to school in clothing to express yourself. You could wear your favourite colour or a unique outfit to express how you're feeling, it can be as simple or elaborate as you like! Dress

to Express is an opportunity for self-expression and celebrating a diverse range of emotions. Of course, usual school activities will be planned for this day so ensure it is appropriate for PE/Lunchtimes/Outside play/general classroom learning.

www.place2be.org.uk





Cranwell Primary School Newsletter

Wanted

Do you have any of these you are thinking of throwing?

If so, the school would really appreciate you donating them.

1. Any unwanted Lego
2. Any unwanted Duplo
3. Any unwanted gardening tools
4. Boxes of tissues

Thank you!!

Medical info and Absences

If your child has a medical appointment, if possible, can you please send a note into the class teacher giving prior notice.

Please notify the school office of all absences either by email or phone, stating reasons.

Smart Watches

Please note: Smart Watches are not currently allowed within school. We are aware that some children have worn them in school and accessed You tube and photo facilities. Any smart watch will be confiscated and given to the child's parent. Thank you for your support in this matter.

Absences

This week, parents should have received a breakdown of their child's absence so far, together with a letter explaining where your child's attendance compares to children Nationally.

Please contact the School Office if you have not received your child's Attendance Report.

Timings of the School Day

School drop off is between 8:40am and 8:55am.

School finishes at 3:05pm for the Foundation Stage and Key Stage One, and 3:15pm for Key Stage Two.

Please note, this is when lessons end. Children will be out a few minutes after this point. Additionally, sometimes unforeseen things happen in class which result in the children coming out a few minutes later. Thank you for your understanding.

Please try not to stand immediately in front of the silver gates at the front of school. This will allow children to easily exit the school and locate their parents.

If you wish to speak with your class teacher please make an appointment either by emailing or telephoning the school office, or see the member of staff at the gates at the end of the day.

Late

Please can parents ensure that their children arrive at school

before 8:55am.

The gates close at this time, and any child arriving after this point is late. Parents have a legal duty to ensure their child attends school on time. Lateness may result in you being served with a Penalty Notice or a summons to court. Parents have a duty to ensure their child's regular attendance at school and failure to do so is an offence under Section 444(1) of the Education Act 1996.

Lateness has a negative impact on everybody at school.

Being late can:

Disrupt lessons - It is unfair on the teachers and other children in the class if another child enters the classroom once lessons have started.

Affect the achievement your child and others

Embarrass/upset your child when the class have already started their work

Being late adds up to loss of learning:

5 minutes late every day adds up to 3 days lost each year,

10 minutes adds up to 6 days lost each year,

15 minutes adds up to 10 days lost each year,

20 minutes adds up to 13 days lost each year,

30 minutes adds up to 19 days lost each year.

Being on time means not missing out!

Remember ... the School gates are open from 8:40am.

Thank you for your assistance in this matter.

Cold Weather

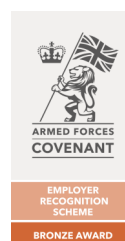
Please can you ensure all children are sent in to school with coats or fleeces now the weather is turning colder. Classes often work outside, supporting the Government's targets to promote outdoor learning. Therefore, along with playtimes, your child may be spending additional time outside.

Stay Safe, Be Seen

Please can we remind all of our children to:

MAKE YOURSELF VISIBLE

Wear bright or reflective clothing, especially when walking at night and to and from school. Dressing to be seen will make it safer for you and drivers. Remember to put lights on bikes!





Cranwell Primary School Newsletter

Ordering Hot Meals

Please remember that infant classes are provided with Universal Infant Free School Meals. Children in Key Stage 2 currently can order hot meal lunches through Ideal School Meals, our food provider, or parents may wish to send in a packed lunch instead. Children in Foundation Stage and Key Stage One also receive a piece of fruit each day through a Government initiative.

Healthy Snacks at Playtime

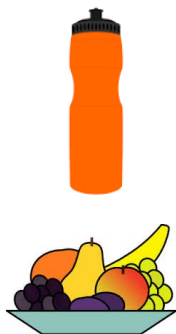
Just a gentle reminder that your child needs a healthy snack for break time and a water bottle to take into their class. Whilst some of the cereal bars do offer health benefits, they also contain a high level of sugar which is detrimental to your child's teeth, leading to tooth decay. Fresh fruit, vegetables, raisins or cheese for their morning snack are the best choices and we would ask children to save their other snacks for lunchtime. If your child has access to fresh water throughout the day, then they are able to remain hydrated and concentration levels are improved, aiding good progression.

Lunches

If you want ideas on how to make a healthy packed lunch: www.nhs.uk/change4life/Pages/healthy-lunchbox-picnic.aspx

...have got some great ideas for you, and in no time you'll have delicious lunchbox ideas for all the family.

Take the lunchbox list with you when you shop - it will help you avoid reaching for tempting, less healthy foods, and it could save you time and money too!



Allergies

We currently have children in school who have severe allergies. Please can I ask parents to ensure no packed lunches or snacks include nuts/peanut butter/chocolate spread etc. Many thanks for your support in this matter.

Contact Details

Please ensure that the school office is notified of any change in your contact details.

Parentmail

Please remember to check your emails daily as school news and information will be sent via ParentMail. If you have not signed up or updated your email address, please do so via the school office: enquiries@cranwell.lincs.sch.uk

Road Safety

A reminder to please take more care driving in and around the school area.

Please remember there is a 5mph speed limit on the drive.

Parking in and around school is often congested at drop off and collection times, as are most schools around England. I ask all parents that you always consider where you park when dropping off and collecting your children. Yes, you may think you are parked sensibly and your car is not in the way or 'not harming anyone' where it is, but can children cross safely where you have parked? Will your car make it difficult for other cars to get past?

Please spare a thought for all the local residents living around the school perimeter, especially in Cherry Tree Crescent, Baghdad Road, Delhi Square and the Costcutter car park.

Please can we show full consideration and ensure we do not park on, or obstruct any driveways or paths. School are aware of Lincolnshire Police's visits to these areas and are warning parents they are issuing tickets where appropriate.

Many thanks for helping to respect our neighbours.

Exit on the Left

The one-way system in the morning is continuing to work really well with parents dropping their children off. Please make sure your child leaves their car via the passenger side of the car to avoid any accidents.

Parents' Afternoon

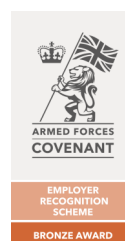
You will be pleased to hear that we are currently planning our Parents' Afternoon. This will take place on Thursday 25th May 2023 from 1.15pm. During this afternoon, you will have the opportunity to tour the school with your child. More details will be sent out shortly.

Grandparents' Day

You will be pleased to hear that we are currently planning for our fabulous Grandparents' Day which has sadly not been able to run since 2020.

The date will be Friday 26th May 2023, which is the last day of term 5.

Further details will be sent out shortly, however, knowing the date gives families the opportunity to begin arrangements.





Cranwell Primary School Newsletter

Inappropriate Content Online Advice for Parents

Over the last 24 months the DfE have seen an increase in the number of schools reporting that students, while at home, have accessed content which is not always appropriate, some of which has been quite scary or upsetting. While there is no perfect way to eliminate this risk, we feel that there are things parents and carers can do to support their children online, reduce the risk or manage it after the fact. Here are some of the practical steps parents and carers can follow:

Contact their Internet Service Provider (ISP): Companies that provide broadband such as BT, Sky and Virgin, offer free protection for parents and carers. They can filter your internet connection directly, without having to install anything. Guide on how to use this can be found here: <https://www.internetmatters.org/parental-controls/broadband-mobile/>

YouTube is a fantastic resource, but not all the content is appropriate for children and not all YouTube channels are made for young audiences. YouTube has an app just for children – YouTube Kids – but many people don't realise that the main YouTube app has a restricted mode. Check out more about how it works here: <https://www.internetmatters.org/parental-controls/entertainment-search-engines/youtube-app/>

Games consoles have features that can limit what games they can play based on the age ratings, and can even turn off certain features to allow gaming to be a little safer. To learn more about these features visit <https://www.internetmatters.org/parental-controls/gaming-consoles/>

Games are also rated based on the content, not how difficult they are. 18 rated games can have very graphic violence, adult language and themes, sexual content and horror elements. Learn a bit more about appropriate games by visiting <https://www.thinkuknow.co.uk/parents/articles/gaming-whats-appropriate-for-your-child/> or visit this site for more about game ratings <https://parentzone.org.uk/article/pegi-games-ratings-explained>

It's important to remember that no filters or controls are 100% effective so make sure your child knows that they can, and should, talk to someone if they see or hear anything upsetting online so we can offer them some reassurance. This information from Thinkuknow might be useful <https://www.thinkuknow.co.uk/parents/articles/im-worried-my-primary-aged-child-might-see-something-inappropriate-online/>

Conversation starters...?

Have you set up the correct restrictions for your child's age group?

Remember to chat with your children on an ongoing basis

about staying safe online.

Not sure where to begin? These conversation starter suggestions can help.

Ask your children to tell you about the sites they like to visit and what they enjoy doing online.

Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?

Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.

Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

Websites that can help you understand how to keep your child safe:

<http://www.childnet.com/parents-and-carers>

<https://www.thinkuknow.co.uk>

<https://www.youtube.com/channel/UCxMnZ02Sl1AbtIhq-m3rrVQ>

Squid Games

As with any high profile 'game' it is a good opportunity to remind parents of age-appropriate ratings in general, rather than draw attention to something that young children should not be viewing. The Squid games TV series is a 15. Roblox has numerous games including Squid Games & the rating for Roblox app is 12 years. Squid Games is just one of many 'games' that are not suitable for younger children to view. You may find the resources on [this link](#) useful.

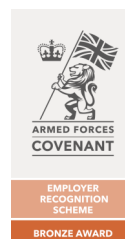
Internet Safety

Help your child become a smarter, safer and happier explorer of the online world.

Google have a 'Be Internet Legends Parent's Page' — a helpful handbook full of tips and tricks for supporting your child's digital education.

There are lots of simple ways to reinforce the important online safety lessons your child has been learning in school, through Google's Be Internet Legends programme. Created in partnership with Parent Zone, the programme is empowering families to make the most of the internet by helping them become confident digital citizens.

See more at : https://beinternetlegends.withgoogle.com/en_uk/parents/



Cranwell Primary School Newsletter



The Importance of Reading

It is important that children experience a broad curriculum. Learning about our World, the people within it and its climate are important. Keeping fit and healthy is vital for the children to reach their potential. Maths, writing and spelling are just as important in the casserole of learning a child needs. A child's reading skills, however, underpin their success in school in all subjects, as they will allow them to access the breadth of the curriculum and improve their communication and language skills. Reading opens more doors to new worlds for our children.

What difference can I make as a parent?

You can make a huge difference! Parents are just as important as teachers. Reading to your children and listening to them read is so important for their development.

How to encourage your child to read?

Here are some websites with great ideas to encourage your children to read:

<https://www.readingrockets.org/article/encouraging-your-child-read>

<https://www.english.com/blog/motivate-children-reading-five-fun-activities/>

<https://www.verywellfamily.com/activities-to-encourage-pre-reading-621060>

Active Learn

Remember, your child has free access to hundreds of books online on Active Learn



<https://www.activelearnprimary.co.uk/login?c=0&l=0>

Parent's Information Evening

A big thank you to the parents who attended the English and Maths Information Evenings last week.

We hope the evening was beneficial to all who attended.

Thank you for the feedback from some of the parents who attended.

Term Dates

Academic Year 2022—2023

Term 3 : ends — Fri 10th Feb 2023

Term 4 : Mon 20th Feb — Fri 31st March 2023

Term 5 : Tues 18th April — Fri 26th May 2023

Please note:

Bank Holidays 1st and 8th May 2023

Term 6 : Mon 5th June — Fri 21st July 2023

Academic Year 2023-2024

Term 1 : Wed 6th Sept — Fri 20th October 2023

Term 2 : Tues 31st Oct — Wed 20th Dec 2023

Term 3 : Wed 3rd Jan — Fri 9th Feb 2024

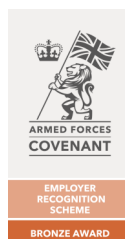
Term 4 : Mon 19th Feb — Thurs 28th March 2024

Term 5 : Tue 16th April — Fri 24th May 2024

Term 6 : Mon 3rd June — Fri 19th July 2024

Further dates for 2024 -25 and 2025—26 can be found on the school website at

www.cranwell.lincs.sch.uk/termdates.asp



Cranwell Primary School Newsletter

Be smart on the internet

Childnet
International
www.childnet.com

S

SAFE

Keep safe by being careful not to give out personal information – such as your full name, email address, phone number, home address, photos or school name – to people you are chatting with online.

M

MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present.

A

ACCEPTING

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!

R

RELIABLE

Information you find on the internet may not be true, or someone online may be lying about who they are.

T

TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.

You can report online abuse to the police at www.thinkuknow.co.uk

THINK
U
KNOW
CO.UK

www.kidsmart.org.uk

KidSMART



Visit Childnet's Kidsmart website to play interactive games and test your online safety knowledge. You can also share your favourite websites and online safety tips by Joining Hands with people all around the world.



Childnet International © 2020 Registered Charity No. 1089173

Cranwell Primary School Newsletter

SAY

NO



TO DOMESTIC ABUSE



DON'T SUFFER IN SILENCE
TOGETHER WE CAN STOP IT.

EDAN Lincs stands for End Domestic Abuse Now in Lincolnshire. EDAN Lincs is a charity (reg number 1092913) providing support, advice and safety to men, women and children who experience domestic abuse.

We offer countywide outreach services to assist women, men and children who are still living in, or have recently left, an abusive relationship and who require advice and support with regards to options available to them.

We also provide emergency temporary refuge accommodation across Lincolnshire for those fleeing domestic abuse.



GET IN
TOUCH

SCAN TO DONATE



Call: 01522 510041 Web: www.edanlincs.org.uk Email: info@edanlincs.org.uk
Opening Times: 9am till 5pm - Please call for advice

In an emergency call 999 or contact Lincolnshire Police on 101

