



# Cranwell Primary School Newsletter



## Merry Christmas

From all of the staff and Governors here at school, we wish you and your families a very happy Christmas and New Year.

Remember, we start back on Wednesday 4th January 2023.

## Starting Primary School in September 2023?

Primary school admissions open on 14 November 2022 and close 15 January 2023.

You can apply online at [www.lincolnshire.gov.uk/schooladmissions](http://www.lincolnshire.gov.uk/schooladmissions).

If you need support with the application process due to a variety of reasons such as literacy issues or a language barrier please feel free to contact the Education Team : email [schooladmissions@lincolnshire.gov.uk](mailto:schooladmissions@lincolnshire.gov.uk)

## Stay Safe, Be Seen

Please can we remind all of our children to:

**MAKE YOURSELF VISIBLE**  
Wear bright or reflective clothing, especially when walking at night and to and from school. Dressing to be seen will make it safer for you and drivers. Remember to put lights on bikes!



## If it Snows

If you are unsure whether the school will be open on a day when it snows, please listen to BBC Radio Lincolnshire and Lincs FM, their respective websites and Parentmail which will all provide relevant information as to whether we are open or not. A decision may not be made until 8am, therefore remain at home until the latest time possible to safely travel to school. Please note, even when these establishments are contacted by school, it can often take a considerable time for the information to be available for broadcasting or uploading

## Reading Together

Are you able to give up half an hour?  
Would you be able to listen to some of our children read?  
Could you listen to readers from 9 until 9.30am, or 2.30 – 3pm?  
Even if it's just one day per week?  
Or if you wish to join us for an afternoon?  
Please contact the school office for more details. Thank you!

## Uniform

**Please remember, we should be wearing winter uniform:**

**Children should be in Shirts with a tie, rather than a polo shirt (unless they are in Foundation Stage).**

See [School Uniform - Cranwell](#) for more details.

Please remember that long hair should be tied up, and jewellery, make-up and nail polish are not allowed. We would be grateful if parents could support the school with these rules.

## Remember—Name Everything!

Be aware that when you have a class of 30 children the majority of white shirts are the same size and often from the same providers. Ties are identical! Shoes also look very similar. Trying to distinguish whose items are whose is very difficult without them being named!

Thank you for your help.

## Timings of the School Day

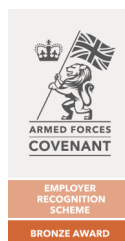
School drop off is between 8:40am and 8:55am.

School finishes at 3:05pm for the Foundation Stage and Key Stage One, and 3:15pm for Key Stage Two.

Please note, this is when lessons end. Children will be out a few minutes after this point. Additionally, sometimes unforeseen things happen in class which result in the children coming out a few minutes later. Thank you for your understanding.

Please try not to stand immediately in front of the silver gates at the front of school. This will allow children to easily exit the school and locate their parents.

If you wish to speak with your class teacher please make an appointment either by emailing or telephoning the school office, or see the member of staff at the gates at the end of the day.





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## Internet Safety

Help your child become a smarter, safer and happier explorer of the online world.

Google have a 'Be Internet Legends Parent's Page' — a helpful handbook full of tips and tricks for supporting your child's digital education.

There are lots of simple ways to reinforce the important online safety lessons your child has been learning in school, through Google's Be Internet Legends programme. Created in partnership with Parent Zone, the programme is empowering families to make the most of the internet by helping them become confident digital citizens.

See more at : [https://beinternetlegends.withgoogle.com/en\\_uk/parents/](https://beinternetlegends.withgoogle.com/en_uk/parents/)

## Mobile Phones

We do not support children bringing mobile phones into school, however we do realise that some children need them for safety reasons if they are walking home. If this is the case, phones must be left with either the class teacher or the reception/admin staff.

The school is not responsible for damage or loss of phones.

## Cold Weather

Please can you ensure all children are sent in to school with coats or fleeces now the weather is turning colder. Classes often work outside, supporting the Government's targets to promote outdoor learning. Therefore, along with playtimes, your child may be spending additional time outside.

## I want Technology for Christmas

**Asked Santa for a computer? Games console?**

**Have you set up the correct restrictions for your child's age group?**

**Remember to chat with your children on an ongoing basis about staying safe online.**

**Not sure where to begin? These conversation starter suggestions can help.**

Ask your children to tell you about the sites they like to visit and what they enjoy doing online.

Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?

Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.

Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

Think about how you each use the internet. What more could you do to use the internet together? Are there

activities that you could enjoy as a family?

**Websites that can help you understand how to keep your child safe:**

<http://www.childnet.com/parents-and-carers>

<https://www.thinkuknow.co.uk>

<https://www.youtube.com/channel/UCxMnZ02Sl1Abtlhq-m3rrVQ>

## Term Dates

### Academic Year 2022—2023

Term 2 : ends — Fri 16th Dec 2022

Term 3 : Wed 4th Jan — Fri 10th Feb 2023

Term 4 : Mon 20th Feb — Fri 31st March 2023

Term 5 : Tues 18th April — Fri 26th May 2023

*Please note:*

*Bank Holidays 1st and 8th May 2023*

Term 6 : Mon 5th June — Fri 21st July 2023

### Academic Year 2023-2024

Term 1 : Wed 6th Sept — Fri 20th October 2023

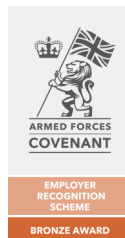
Term 2 : Tues 31st Oct — Wed 20th Dec 2023

Term 3 : Wed 3rd Jan — Fri 9th Feb 2024

Term 4 : Mon 19th Feb — Thurs 28th March 2024

Term 5 : Tue 16th April — Fri 24th May 2024

Term 6 : Mon 3rd June — Fri 19th July 2024





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UK Health  
Security  
Agency



Dear Parent(s) / Carer(s),

## Re: Increase in scarlet fever

We are writing to inform you of a recent increase in notifications of scarlet fever to the UK Health Security Agency (UKHSA), above seasonal expected levels.

We would like to take this opportunity to remind you of the signs, symptoms and the actions to be taken if you think that you or your child might have scarlet fever.

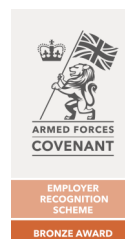
## Signs and symptoms of scarlet fever

Scarlet fever is a common childhood infection caused by *Streptococcus pyogenes*, or group A Streptococcus (GAS). It is not usually serious, but should be treated with antibiotics to reduce the risk of complications (such as pneumonia) and spread to others. The early symptoms of scarlet fever include sore throat, headache, fever, nausea and vomiting. After 12 to 48 hours, the characteristic red rash develops, usually first on the chest and stomach, then rapidly spreading to other parts of the body, making the skin have a sand-paper like feel to it. The scarlet rash may be harder to spot on darker skin, although the 'sandpaper' feel should be present. Patients usually have flushed red cheeks. They may also have a bright red 'strawberry' tongue.

If you think you, or your child, might have scarlet fever:

- contact your GP or NHS 111 as soon as possible
- make sure that you or your child take(s) the full course of any antibiotics prescribed. Although you or your child will feel better soon after starting the course of antibiotics, you must complete the course to ensure that you do not carry the bacteria in your throat after you have recovered
- stay at home, away from nursery, school or work for at least 24 hours after starting the antibiotic treatment, to avoid spreading the infection

You can help stop the spread of infection through frequent hand washing and by not sharing eating utensils, clothes, bedding and towels. All contaminated tissues should be disposed of immediately.







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## Invasive Group A Strep (iGAS)

The same bacteria which cause scarlet fever can also cause a range of other types of infection such as skin infections (impetigo) and sore throat. In very rare cases, the bacteria can get into the bloodstream and cause an illness called invasive group A strep (iGAS). Whilst still very uncommon, there has been an increase in iGAS cases this year, particularly in children under 10 years old. It is very rare for children with scarlet fever to develop iGAS infection.

As a parent, you should trust your own judgement.

Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

Call 999 or go to A&E if:

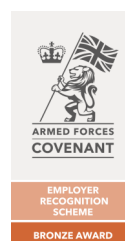
- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, tongue or lips are blue
- your child is floppy and will not wake up or stay awake

## Stop the spread

During periods of high incidence of scarlet fever, there may also be an increase in outbreaks in schools, nurseries and other childcare settings. Children and adults with suspected scarlet fever should stay off nursery / school / work until **24 hours** after the start of appropriate antibiotic treatment. Good hygiene practice such as hand washing remains the most important step in preventing and controlling spread of infection.

Yours sincerely,

Natalie Liddle  
Head of Service – Health Protection



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## Greater Lincolnshire Health Protection Service

healthprotectionteam@lincolnshire.gov.uk

## Health Protection Update

07<sup>th</sup> December 22

### Scarlet Fever and Strep A (GAS)

#### SCARLET FEVER AND STREP A

There has been a higher number of scarlet fever cases than usual for this time of year. Scarlet fever is usually a mild illness but is highly infectious. Scarlet fever is caused by a bacteria called group A streptococci (GAS) which can cause other respiratory and skin infections, including impetigo (a skin infection where small pustules join to form crusty yellow sores), tonsillitis and pharyngitis (sore throat).

There has also been a rise in lower respiratory tract Strep A infections over the past few weeks, which in some children can cause severe illness if the bacteria enters the blood stream. The most serious infections come from invasive group A strep, known as iGAS. Whilst iGAS infections are still uncommon, there has been an increase in cases this year, particularly in children under 10 and, sadly, a small number of deaths.

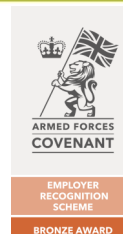
It is important, therefore, to treat children with signs of group A strep infections, like scarlet fever.

Scarlet fever symptoms to look out for include:



- Sore throat
- Headache
- High temperature
- Swollen neck glands
- Pinkish or red body rash with a sandpapery feel
- A white coating on the tongue (Strawberry tongue)
- A general feeling of being unwell

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COUNTY COUNCIL  
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# Cranwell Primary School Newsletter Page 6

Dear Parents,

We would like to invite you to attend an information evening where we will discuss how to support your child with their Maths and English, as well as outlining national expected standards by the end of Key Stage One and Key Stage Two.

We will be providing two sessions - one aimed at Foundation and KS1 parents and one for KS2 parents. The dates and times are as follows:

**Foundation Stage & KS1 - Tuesday 10<sup>th</sup> January 2023 - 4.45pm-6.15pm.**

**KS2 - Wednesday 11<sup>th</sup> January 2023 - 4.45pm-6.15pm.**

Please would you be able to complete the slip below if you would like to attend. Please do also tell us what you would particularly like to find out from the evening in order that we can tailor the meeting to what you would find most beneficial.

We look forward to welcoming you.

Yours sincerely,

Miss Rebecca Hill  
Assessment Coordinator

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I/We would like to attend the Parents' Information Evening on Tuesday 10<sup>th</sup>/Wednesday 11<sup>th</sup> January 2023.

Please tick the session (s), you wish to attend:

- KS1
- KS2

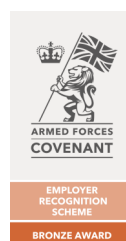
Name of Parent(s) \_\_\_\_\_

Name of Child(ren) \_\_\_\_\_

Child's (Children's) Class \_\_\_\_\_

I/we would most like to find out about \_\_\_\_\_

\_\_\_\_\_





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## What to do if a child is unwell

If a child becomes seriously unwell, parents should be advised to contact 111 or their GP, particularly if the child's condition is getting worse, they are eating or drinking less, have a temperature above 39 degrees and are tired or irritable. Please only attend A&E in an emergency.

Parents are advised to call 999 or go to A&E if:

- The child is having difficulty breathing or there are changes in their breathing, for example pauses
- Skin, tongue, and lips are blue
- Is floppy and will not wake up or unable to stay awake

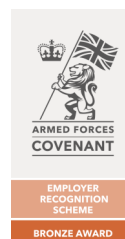
Education settings are advised to remain vigilant and refer to UKHSA guidance [Scarlet fever: managing outbreaks in schools and nurseries - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/scarlet-fever-managing-outbreaks-in-schools-and-nurseries). If you are informed by a parent that their child has confirmed Strep A, please ensure that this information **remains confidential**.

Some top tips for managing outbreaks within the setting are:

- Encourage good hand and respiratory hygiene.
- Cleaning of the environment including equipment and toys, touch points such as taps, toilet flush handles and door handles.
- Children who are unwell should be advised to stay away from the setting until they are feeling better.
- If the child has scarlet fever, they can return to school 24 hours after starting antibiotic treatment providing they feel well enough to do so.
- Siblings or close contacts who are not affected can continue to attend the early years setting or school.
- Children who do not receive antibiotics can be contagious for up to 2 weeks, so it is important to encourage parents to contact their GP to avoid onward transmission.
- Thorough cleaning of the environment once the outbreak has been declared over.

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**Scarlet fever and Strep A cases must be reported to UKHSA.** The East Midlands UKHSA team can be contacted on 0344 225 4524 or email [emhpt@ukhsa.gov.uk](mailto:emhpt@ukhsa.gov.uk). To aid information sharing and avoid duplication, please copy in the LA Health Protection Team upon notifying UKHSA via the following address [healthprotectionteam@lincolnshire.gov.uk](mailto:healthprotectionteam@lincolnshire.gov.uk).



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People who show these characteristics could, potentially, be more at risk of a fire; so it's very important to get them the help they need.

Lincolnshire Fire and Rescue's **Safe and Well Checks** include fire safety, as well as advice to help individuals improve their health and wellbeing.

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*So if you know a*  
**SHERMAN**

**CONTACT US ON 01476 565441  
OR VISIT [LINCOLNSHIRE.GOV.UK/LFR](https://www.lincolnshire.gov.uk/lfr)**



# Cranwell Primary School *Newsletter* Page 9



Lincolnshire Partnership  
NHS Foundation Trust

## How to boost your mood this Xmas



### Keep a journal

Include your feelings and worries. Write down what you've done and what's coming up.



### Get some sleep

Try to go to sleep at the same time every night and get up the same time each morning. Try to sleep for 7-8 hours per night.



### Learn something new

Try something new - crafting, colouring, a language, baking, yoga (cosmic kids on YouTube) meditation or a sport.



### Limit social media

Try not to compare yourself with others. Everyone is different and has different experiences. No one is better than you!



### Get chatting!

Call a friend, a family member or support services. There's always someone there to help.



### Eat & drink regularly

What you eat and drink can affect how you feel. Have you got enough vitamin D? Eat and drink regularly. (3 - 4 meals and 6 - 8 drinks a day)



### Be active for 30 mins a day

Walk, run, skip or hop - whatever works for you! Every minute counts!



### Give to others

This could be something simple like making a card, drawing a picture, baking a cake, donating old clothes. Why not volunteer?

If you need advice/access to mental health and emotional wellbeing support services, call us on 0800 234 6342 or visit [www.lpft.nhs.uk/cyp](http://www.lpft.nhs.uk/cyp)

