



PE YEARLY OVERVIEW

EYFS	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	COOPERATION GAMES BIG QUESTION: Can you cooperate and listen to instructions when using the parachute?	EXPLORING MOVEMENT BIG QUESTION: Can you run, skip, hop, crawl or roll?	BALL SKILLS – AIM, PUSH, THROW, PAT OR KICK BIG QUESTIONS: Can you improve your ball control skills?	GYMNASTICS (BALANCE) BIG QUESTION: Can you balance when working on a line?	OBSTACLE ACTIVITIES BIG QUESTION: Can I move under, over, through and around equipment?	EXPLORING MOVEMENT BIG QUESTION: Can you spin, rock, tilt, fall, slide and bounce with confidence?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	BALL SKILLS BIG QUESTION: Can I throw and catch a large ball?	BALANCE BIG QUESTION: Can you use a range of wheeled resources, showing balance and confidence?	BALANCE BIG QUESTION: Can I move with confidence?	DANCING BIG QUESTION: Can you can move your body in time with the music?	TEAM RACES BIG QUESTION: Can I try my best in a race and enjoy taking part even if I don't win?	GYMNASTICS BIG QUESTION: Can I balance my body in different ways?
YEAR 1	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	SENDING - THROWING BIG QUESTION: Can you throw accurately?	GYMNASTICS – JUMPING BIG QUESTION: Can you jump in a variety of ways?	SENDING – WITH EQUIPMENT BIG QUESTION: Can you send a ball with various equipment?	GYMNASTICS - BALANCE BIG QUESTION: Can you balance in a variety of ways?	ATHLETICS - RUNNING BIG QUESTION: Can you run with control at various speeds?	ATTACKING SKILLS BIG QUESTION: Can you move effectively with a ball?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	RECEIVING – CATCHING BIG QUESTION: Can you catch a variety of balls?	DANCE BIG QUESTION: Can you dance to a rhythm?	RECEIVING – WITH EQUIPMENT BIG QUESTION: Can you receive a ball with various equipment?	GYMNASTICS – ROLLING BIG QUESTION: Can you roll in a variety of ways?	ATHLETICS – JUMPING BIG QUESTION: Can you jump in a variety of ways?	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball?

YEAR 2	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	SENDING AND RECEIVING BIG QUESTION: Can you send and receive a ball?	GYMNASTICS – JUMPING BIG QUESTION: Can you jump in a variety of ways with control?	INVASION GAMES BIG QUESTION: Can you move to find space in a game?	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with increasing control?	ATHLETICS – JUMPING BIG QUESTION: Can you jump in a variety of ways with increasing control?	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	SENDING AND RECEIVING WITH EQUIPMENT BIG QUESTION: Can you send and receive a ball with various equipment?	GYMNASTICS – ROLLING BIG QUESTION: Can you roll in a variety of ways with increasing control?	ATHLETICS – RUNNING BIG QUESTION: Can you run with control at various speeds?	DANCE BIG QUESTION: Can you dance to a rhythm?	ATHLETICS – THROWING BIG QUESTION: Can you throw accurately with increasing control?	NET AND WALL BIG QUESTION: Can you play a Net and Wall game?
YEAR 3	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	NET AND WALL BIG QUESTION: Can you play a Net and Wall game?	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with control?	SWIMMING BIG QUESTION: Water and personal safety.	DANCE BIG QUESTION: Can you create a dance?	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can you run and jump with control?	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball with control and accuracy?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	INVASION GAMES BIG QUESTION: Can you find and create space in an invasion game?	GYMNASTICS – JUMPING AND ROLLING BIG QUESTION: Can you jump and roll with control?	SWIMMING BIG QUESTION: Water and personal safety.	ORIENTEERING BIG QUESTION: Can you develop some orienteering skills?	ATHLETICS – THROWING BIG QUESTION: Can you throw with various techniques?	HEALTH RELATED FITNESS BIG QUESTION: Do you know the various

						strands of health-related fitness?
YEAR 4	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	SWIMMING BIG QUESTION: Water and personal safety.	GYMNASTICS – ROLLING AND BALANCE BIG QUESTION: Can you roll and balance with control and finesse?	INVASION GAMES BIG QUESTION: Can you play an invasion game?	DANCE BIG QUESTION: Can you create a longer dance sequence?	ATHLETICS – RUNNING BIG QUESTION: Can you run with accuracy and control?	STRIKING AND FIELDING BIG QUESTION: Can you play a striking and fielding game?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	SWIMMING BIG QUESTION: Water and personal safety.	GYMNASTICS – JUMPING AND FLIGHT BIG QUESTION: Can you use equipment to help you jump higher?	NET AND WALL BIG QUESTION: Can you play a net and wall game?	HEALTH RELATED FITNESS BIG QUESTION: Can you develop the various strands of health-related fitness?	ATHLETICS – JUMPING BIG QUESTION: Can you jump with accuracy and control?	ORIENTEERING BIG QUESTION: Can you improve and develop your orienteering skills?
YEAR 5	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	NET AND WALL BIG QUESTION: Can you work with a team in a net and wall game?	GYMNASTICS BIG QUESTION: Can you jump, roll and balance with control and finesse?	SWIMMING BIG QUESTION: Water and personal safety.	GYMNASTICS – VAULTING AND FLIGHT BIG QUESTION: Can you use equipment to help you vault?	ATHLETICS – THROWING BIG QUESTION: Can you throw accurately for distance with various techniques?	STRIKING AND FIELDING BIG QUESTION: Can you work with a team in a striking and fielding game?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	INVASION GAMES BIG QUESTION: Can you work with a team in an invasion game?	DANCE SCOTTISH BIG QUESTION: Can you follow and perform a dance?	SWIMMING BIG QUESTION: Water and personal safety.	HEALTH RELATED FITNESS BIG QUESTION: Can you improve your health-related fitness?	ATHLETICS – JUMPING AND RUNNING BIG QUESTION: Can you run and jump with precision?	ORIENTEERING BIG QUESTION: Can you improve and develop your orienteering skills?

YEAR 6	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	NET AND WALL BIG QUESTION: Can you work as part of a team in a net and wall game?	GYMNASTICS BIG QUESTION: Can you perform a group gymnastic routine?	ORIENTEERING BIG QUESTION: Can you improve and develop your orienteering skills?	GYMNASTICS – VAULTING BIG QUESTION: Can you use equipment to help you perform accurate vaults?	SWIMMING BIG QUESTION: Water and personal safety.	ATHLETICS – RUNNING BIG QUESTION: Can you adapt your running speed to match the event?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	HEALTH RELATED FITNESS BIG QUESTION: Can you further develop your various strands of health-related fitness?	LINE DANCING BIG QUESTION: Can you follow and perform a dance?	INVASION GAMES BIG QUESTION: Can you work co-operatively with team members in an invasion game?	ATHLETICS BIG QUESTION: Can you jump and throw for distance with accuracy?	SWIMMING BIG QUESTION: Water and personal safety.	STRIKING AND FIELDING BIG QUESTION: Can you work co-operatively with team members in striking and fielding games?