



# PE YEARLY OVERVIEW

	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
EYFS	COOPERATION GAMES  BIG QUESTION: Can you cooperate and listen to instructions when using the parachute?	EXPLORING MOVEMENT  BIG QUESTION: Can you run, skip, hop, crawl or roll?	BALL SKILLS – AIM, PUSH, THROW, PAT OR KICK  BIG QUESTIONS: Can you improve your ball control skills?	GYMNASTICS (BALANCE)  BIG QUESTION: Can you balance when working on a line?	OBSTACLE ACTIVITIES  BIG QUESTION: Can I move under, over, through and around equipment?	EXPLORING MOVEMENT  BIG QUESTION: Can you spin, rock, tilt, fall, slide and bounce with confidence?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	BALL SKILLS  BIG QUESTION: Can I throw and catch a large ball?	BALANCE  BIG QUESTION: Can you use a range of wheeled resources, showing balance and confidence?	BALANCE  BIG QUESTION: Can I move with confidence?	DANCING  BIG QUESTION: Can you can move your body in time with the music?	TEAM RACES  BIG QUESTION: Can I try my best in a race and enjoy taking part even if I don't win?	GYMNASTICS  BIG QUESTION: Can I balance my body in different ways?
YEAR 1	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	SENDING - THROWING  BIG QUESTION: Can you throw accurately?	GYMNASTICS – JUMPING  BIG QUESTION: Can you jump in a variety of ways?	SENDING – WITH EQUIPMENT  BIG QUESTION: Can you send a ball with various equipment?	GYMNASTICS - BALANCE  BIG QUESTION: Can you balance in a variety of ways?	ATHLETICS - RUNNING  BIG QUESTION: Can you run with control at various speeds?	ATTACKING SKILLS  BIG QUESTION: Can you move effectively with a ball?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	RECEIVING – CATCHING  BIG QUESTION: Can you catch a variety of balls?	<b>DANCE</b>  <b>BIG QUESTION:</b> Can you dance to a rhythm?	RECEIVING – WITH EQUIPMENT  BIG QUESTION: Can you receive a ball with various equipment?	GYMNASTICS – ROLLING  BIG QUESTION: Can you roll in a variety of ways?	ATHLETICS – JUMPING  BIG QUESTION: Can you jump in a variety of ways?	STRIKING AND FIELDING  BIG QUESTION: Can you strike and field a ball?
Y E S	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1

	SENDING AND RECEIVING  BIG QUESTION: Can you send and receive a ball?	GYMNASTICS – JUMPING  BIG QUESTION: Can you jump in a variety of ways with control?	INVASION GAMES  BIG QUESTION: Can you move to find space in a game?	GYMNASTICS – BALANCE  BIG QUESTION: Can you balance in a variety of ways with increasing control?	ATHLETICS – JUMPING  BIG QUESTION: Can you jump in a variety of ways with increasing control?	STRIKING AND FIELDING  BIG QUESTION: Can you strike and field a ball?
	<b>AUTUMN 2</b>	<b>AUTUMN 2</b>	<b>SPRING 2</b>	<b>SPRING 2</b>	<b>SUMMER 2</b>	<b>SUMMER 2</b>
	SENDING AND RECEIVING WITH EQUIPMENT  BIG QUESTION: Can you send and receive a ball with various equipment?	GYMNASTICS – ROLLING  BIG QUESTION: Can you roll in a variety of ways with increasing control?	ATHLETICS – RUNNING  BIG QUESTION: Can you run with control at various speeds?	DANCE  BIG QUESTION: Can you dance to a rhythm?	ATHLETICS – THROWING  BIG QUESTION: Can you throw accurately with increasing control?	NET AND WALL  BIG QUESTION: Can you play a Net and Wall game?
	<b>AUTUMN 1</b>	<b>AUTUMN 1</b>	<b>SPRING 1</b>	<b>SPRING 1</b>	<b>SUMMER 1</b>	<b>SUMMER 1</b>
<b>YEAR 3</b>	NET AND WALL  BIG QUESTION: Can you play a Net and Wall game?	GYMNASTICS – BALANCE  BIG QUESTION: Can you balance in a variety of ways with control?	SWIMMING  BIG QUESTION:	DANCE  BIG QUESTION: Can you create a dance?	ATHLETICS – RUNNING AND JUMPING  BIG QUESTION: Can you run and jump with control?	STRIKING AND FIELDING  BIG QUESTION: Can you strike and field a ball with control and accuracy?
	<b>AUTUMN 2</b>	<b>AUTUMN 2</b>	<b>SPRING 2</b>	<b>SPRING 2</b>	<b>SUMMER 2</b>	<b>SUMMER 2</b>
	INVASION GAMES  BIG QUESTION: Can you find and create space in an invasion game?	GYMNASTICS – JUMPING AND ROLLING  BIG QUESTION: Can you jump and roll with control?	SWIMMING  BIG QUESTION:	ORIENTEERING  BIG QUESTION: Can you develop some orienteering skills?	ATHLETICS – THROWING  BIG QUESTION: Can you throw with various techniques?	HEALTH RELATED FITNESS  BIG QUESTION: Do you know the various strands of health-related fitness?

YEAR 4	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	SWIMMING BIG QUESTION:	GYMNASTICS – ROLLING AND BALANCE BIG QUESTION: Can you roll and balance with control and finesse?	INVASION GAMES BIG QUESTION: Can you play an invasion game?	DANCE BIG QUESTION: Can you create a longer dance sequence?	ATHLETICS – RUNNING BIG QUESTION: Can you run with accuracy and control?	STRIKING AND FIELDING BIG QUESTION: Can you play a striking and fielding game?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	SWIMMING BIG QUESTION:	GYMNASTICS – JUMPING AND FLIGHT BIG QUESTION: Can you use equipment to help you jump higher?	NET AND WALL BIG QUESTION: Can you play a net and wall game?	HEALTH RELATED FITNESS BIG QUESTION: Can you develop the various strands of health-related fitness?	ATHLETICS – JUMPING BIG QUESTION: Can you jump with accuracy and control?	ORIENTEERING BIG QUESTION: Can you improve and develop your orienteering skills?
YEAR 5	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	NET AND WALL BIG QUESTION: Can you work with a team in a net and wall game?	GYMNASTICS BIG QUESTION: Can you jump, roll and balance with control and finesse?	SWIMMING BIG QUESTION:	GYMNASTICS – VAULTING AND FLIGHT BIG QUESTION: Can you use equipment to help you vault?	ATHLETICS – THROWING BIG QUESTION: Can you throw accurately for distance with various techniques?	STRIKING AND FIELDING BIG QUESTION: Can you work with a team in a striking and fielding game?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	INVASION GAMES BIG QUESTION: Can you work with a team in an invasion game?	DANCE SCOTTISH BIG QUESTION: Can you follow and perform a dance?	SWIMMING BIG QUESTION:	HEALTH RELATED FITNESS BIG QUESTION: Can you improve your health-related fitness?	ATHLETICS – JUMPING AND RUNNING BIG QUESTION: Can you run and jump with precision?	ORIENTEERING BIG QUESTION: Can you improve and develop your orienteering skills?
Y E S	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1

	<p>NET AND WALL</p> <p>BIG QUESTION: Can you work as part of a team in a net and wall game?</p>	<p>GYMNASTICS</p> <p>BIG QUESTION: Can you perform a group gymnastic routine?</p>	<p>ORIENTEERING</p> <p>BIG QUESTION: Can you improve and develop your orienteering skills?</p>	<p>GYMNASTICS – VAULTING</p> <p>BIG QUESTION: Can you use equipment to help you perform accurate vaults?</p>	<p>SWIMMING</p> <p>BIG QUESTION:</p>	<p>ATHLETICS – RUNNING</p> <p>BIG QUESTION: Can you adapt your running speed to match the event?</p>
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	<p>HEALTH RELATED FITNESS</p> <p>BIG QUESTION: Can you further develop your various strands of health-related fitness?</p>	<p>LINE DANCING</p> <p>BIG QUESTION: Can you follow and perform a dance?</p>	<p>INVASION GAMES</p> <p>BIG QUESTION: Can you work co-operatively with team members in an invasion game?</p>	<p>ATHLETICS</p> <p>BIG QUESTION: Can you jump and throw for distance with accuracy?</p>	<p>SWIMMING</p> <p>BIG QUESTION:</p>	<p>STRIKING AND FIELDING</p> <p>BIG QUESTION: Can you work co-operatively with team members in striking and fielding games?</p>