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· See	(3)

PE YEARLY OVERVIEW

	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	COOPERATION GAMES	EXPLORING MOVEMENT	BALL SKILLS – AIM, PUSH,	GYMNASTICS (BALANCE)	OBSTACLE ACTIVITIES	EXPLORING MOVEMENT
			THROW, PAT OR KICK			
	BIG QUESTION: Can you	BIG QUESTION: Can you		BIG QUESTION: Can you	BIG QUESTION: Can I	BIG QUESTION: Can you
	cooperate and listen to	run, skip, hop, crawl or	BIG QUESTIONS: Can you	balance when working on	move under, over,	spin, rock, tilt, fall, slide
	instructions when using the parachute?	roll?	improve your ball control skills?	a line?	through and around equipment?	and bounce with confidence?
EYFS	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	BALL SKILLS	BALANCE	BALANCE	DANCING 2	TEAM RACES	GYMNASTICS
	BALL SKILLS	BALANCE	BALANCE	DANCING	TEAIVI RACES	GYIVINASTICS
	BIG QUESTION: Can I	BIG QUESTION: Can you	BIG QUESTION: Can I	BIG QUESTION: Can you	BIG QUESTION: Can I try	BIG QUESTION: Can I
	throw and catch a large	use a range of wheeled	move with confidence?	can move your body in	my best in a race and	balance my body in
	ball?	resources, showing		time with the music?	enjoy taking part even if I	different ways?
		balance and confidence?			don't win?	
	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	SENDING - THROWING	GYMNASTICS –	SENDING – WITH	GYMNASTICS -	ATHLETICS - RUNNING	ATTACKING SKILLS
		JUMPING	EQUIPMENT	BALANCE		
	BIG QUESTION: Can				BIG QUESTION: Can	BIG QUESTION: Can
	you throw accurately?	BIG QUESTION: Can	BIG QUESTION: Can	BIG QUESTION: Can	you run with control at	you move effectively
\vdash		you jump in a variety of	you send a ball with	you balance in a variety	various speeds?	with a ball?
		ways?	various equipment?	of ways?		
YEAR	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
X	RECEIVING – CATCHING	DANCE	RECEIVING – WITH	GYMNASTICS –	ATHLETICS – JUMPING	STRIKING AND
			EQUIPMENT	ROLLING		FIELDING
	BIG QUESTION: Can	BIG QUESTION: Can			BIG QUESTION: Can	
	you catch a variety of	you dance to a rhythm?	BIG QUESTION: Can	BIG QUESTION: Can	you jump in a variety of	BIG QUESTION: Can
	balls?		you receive a ball with	you roll in a variety of	ways?	you strike and field a
			various equipment?	ways?		ball?
> ш «			00011101	60011101	011111111111111111111111111111111111111	011111111111111111111111111111111111111
	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1

	SENDING AND	GYMNASTICS –	INVASION GAMES	GYMNASTICS –	ATHLETICS – JUMPING	STRIKING AND
	RECEIVING	JUMPING	BIG QUESTION: Can	BALANCE	BIG QUESTION: Can	FIELDING
	BIG QUESTION: Can	BIG QUESTION: Can you	you move to find space	BIG QUESTION: Can	you jump in a variety of	BIG QUESTION: Can
	you send and receive a	jump in a variety of	in a game?	you balance in a variety	ways with increasing	you strike and field a
	ball?	ways with control?		of ways with increasing control?	control?	ball?
	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	SENDING AND RECEIVING WITH	GYMNASTICS – ROLLING	ATHLETICS – RUNNING	DANCE	ATHLETICS – THROWING	NET AND WALL
	EQUIPMENT		BIG QUESTION: Can	BIG QUESTION: Can		BIG QUESTION: Can
		BIG QUESTION: Can	you run with control at	you dance to a rhythm?	BIG QUESTION: Can you	you play a Net and Wall
	BIG QUESTION: Can you send and receive a	you roll in a variety of ways with increasing	various speeds?		throw accurately with increasing control?	game?
	ball with various	control?			increasing control:	
	equipment?					
	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	AUTUMN 1 NET AND WALL	GYMNASTICS –	SPRING 1 SWIMMING	SPRING 1 DANCE	ATHLETICS – RUNNING	STRIKING AND
	NET AND WALL		SWIMMING	DANCE		
	NET AND WALL BIG QUESTION: Can	GYMNASTICS – BALANCE		DANCE BIG QUESTION: Can	ATHLETICS – RUNNING AND JUMPING	STRIKING AND FIELDING
	NET AND WALL BIG QUESTION: Can you play a Net and Wall	GYMNASTICS – BALANCE BIG QUESTION: Can	SWIMMING	DANCE	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can	STRIKING AND FIELDING BIG QUESTION: Can
3	NET AND WALL BIG QUESTION: Can	GYMNASTICS – BALANCE	SWIMMING	DANCE BIG QUESTION: Can	ATHLETICS – RUNNING AND JUMPING	STRIKING AND FIELDING
	NET AND WALL BIG QUESTION: Can you play a Net and Wall game?	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with control?	SWIMMING BIG QUESTION:	DANCE BIG QUESTION: Can you create a dance?	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can you run and jump with control?	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball with control and accuracy?
	NET AND WALL BIG QUESTION: Can you play a Net and Wall game? AUTUMN 2	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with control? AUTUMN 2	SWIMMING BIG QUESTION: SPRING 2	DANCE BIG QUESTION: Can you create a dance? SPRING 2	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can you run and jump with control? SUMMER 2	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball with control and accuracy? SUMMER 2
YEAR 3	NET AND WALL BIG QUESTION: Can you play a Net and Wall game?	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with control? AUTUMN 2 GYMNASTICS –	SWIMMING BIG QUESTION:	DANCE BIG QUESTION: Can you create a dance?	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can you run and jump with control? SUMMER 2 ATHLETICS –	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball with control and accuracy? SUMMER 2 HEALTH RELATED
	NET AND WALL BIG QUESTION: Can you play a Net and Wall game? AUTUMN 2 INVASION GAMES	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with control? AUTUMN 2	SWIMMING BIG QUESTION: SPRING 2 SWIMMING	DANCE BIG QUESTION: Can you create a dance? SPRING 2 ORIENTEERING	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can you run and jump with control? SUMMER 2	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball with control and accuracy? SUMMER 2
	NET AND WALL BIG QUESTION: Can you play a Net and Wall game? AUTUMN 2 INVASION GAMES BIG QUESTION: Can	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with control? AUTUMN 2 GYMNASTICS – JUMPING AND ROLLING	SWIMMING BIG QUESTION: SPRING 2	DANCE BIG QUESTION: Can you create a dance? SPRING 2 ORIENTEERING BIG QUESTION: Can	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can you run and jump with control? SUMMER 2 ATHLETICS – THROWING	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball with control and accuracy? SUMMER 2 HEALTH RELATED FITNESS
	NET AND WALL BIG QUESTION: Can you play a Net and Wall game? AUTUMN 2 INVASION GAMES	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with control? AUTUMN 2 GYMNASTICS –	SWIMMING BIG QUESTION: SPRING 2 SWIMMING	DANCE BIG QUESTION: Can you create a dance? SPRING 2 ORIENTEERING	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can you run and jump with control? SUMMER 2 ATHLETICS –	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball with control and accuracy? SUMMER 2 HEALTH RELATED
	NET AND WALL BIG QUESTION: Can you play a Net and Wall game? AUTUMN 2 INVASION GAMES BIG QUESTION: Can you find and create	GYMNASTICS – BALANCE BIG QUESTION: Can you balance in a variety of ways with control? AUTUMN 2 GYMNASTICS – JUMPING AND ROLLING BIG QUESTION: Can	SWIMMING BIG QUESTION: SPRING 2 SWIMMING	DANCE BIG QUESTION: Can you create a dance? SPRING 2 ORIENTEERING BIG QUESTION: Can you develop some	ATHLETICS – RUNNING AND JUMPING BIG QUESTION: Can you run and jump with control? SUMMER 2 ATHLETICS – THROWING BIG QUESTION: Can	STRIKING AND FIELDING BIG QUESTION: Can you strike and field a ball with control and accuracy? SUMMER 2 HEALTH RELATED FITNESS BIG QUESTION: Do you

	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	SWIMMING	GYMNASTICS –	INVASION GAMES	DANCE	ATHLETICS – RUNNING	STRIKING AND
		ROLLING AND BALANCE				FIELDING
	BIG QUESTION:		BIG QUESTION: Can	BIG QUESTION: Can	BIG QUESTION: Can	
		BIG QUESTION: Can	you play an invasion	you create a longer	you run with accuracy	BIG QUESTION: Can
		you roll and balance	game?	dance sequence?	and control?	you play a striking and
4		with control and				fielding game?
YEAR	ALITUNAN 2	finesse? AUTUMN 2	SPRING 2	CDDING 3	SUMMER 2	SUMMER 2
/E,	AUTUMN 2			SPRING 2		
	SWIMMING	GYMNASTICS – JUMPING AND FLIGHT	NET AND WALL	HEALTH RELATED FITNESS	ATHLETICS – JUMPING	ORIENTEERING
	BIG QUESTION:	JUMPING AND FLIGHT	BIG QUESTION: Can	FILINESS	BIG QUESTION: Can	BIG QUESTION: Can
	BIG QUESTION.	BIG QUESTION: Can	you play a net and wall	BIG QUESTION: Can	you jump with accuracy	you improve and
		you use equipment to	game?	you develop the various	and control?	develop your
		help you jump higher?	Barrier	strands of health-		orienteering skills?
		- - - - - - - - - -		related fitness?		0
	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1
	NET AND WALL	GYMNASTICS	SWIMMING	GYMNASTICS –	ATHLETICS –	STRIKING AND
				VAULTING AND FLIGHT	THROWING	FIELDING
	BIG QUESTION: Can	BIG QUESTION: Can	BIG QUESTION:			
	you work with a team	you jump, roll and		BIG QUESTION: Can	BIG QUESTION: Can	BIG QUESTION: Can
	in a net and wall game?	balance with control		you use equipment to	you throw accurately	you work with a team in
7		and finesse?		help you vault?	for distance with	a striking and fielding
YEAR	ALITUMAN 2	A L ITL IA AAL 2	CDDING 3	CDDING 3	various techniques?	game?
Æ,	AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
	INVASION GAMES	DANCE SCOTTISH	SWIMMING	HEALTH RELATED FITNESS	ATHLETICS – JUMPING	ORIENTEERING
	BIG QUESTION: Can	BIG QUESTION: Can	BIG QUESTION:	FILINESS	AND RUNNING	BIG QUESTION: Can
	you work with a team	you follow and perform	BIG QUESTION.	BIG QUESTION: Can	BIG QUESTION: Can	you improve and
	in an invasion game?	a dance?		you improve your	you run and jump with	develop your
	d iiivasioii gaiile:	a daniec.		health-related fitness?	precision?	orienteering skills?
					F	
> ш	AUTUMN 1	AUTUMN 1	SPRING 1	SPRING 1	SUMMER 1	SUMMER 1

NET AND WALL	GYMNASTICS	ORIENTEERING	GYMNASTICS – VAULTING	SWIMMING	ATHLETICS – RUNNING
BIG QUESTION: Can you work as part of a team in a net and wall game?	BIG QUESTION: Can you perform a group gymnastic routine?	BIG QUESTION: Can you improve and develop your orienteering skills?	BIG QUESTION: Can you use equipment to help you perform accurate vaults?	BIG QUESTION:	BIG QUESTION: Can you adapt your runnir speed to match the event?
AUTUMN 2	AUTUMN 2	SPRING 2	SPRING 2	SUMMER 2	SUMMER 2
HEALTH RELATED FITNESS	LINE DANCING	INVASION GAMES	ATHLETICS	SWIMMING	STRIKING AND FIELDING
BIG QUESTION: Can you further develop your various strands of health-related fitness?	BIG QUESTION: Can you follow and perform a dance?	BIG QUESTION: Can you work co-operatively with team members in an invasion game?	BIG QUESTION: Can you jump and throw for distance with accuracy?	BIG QUESTION:	BIG QUESTION: Can y work co-operatively with team members i striking and fielding games?