Autism

Autism is a lifelong developmental disability which affects how people communicate and interact with the world. One in 100 people are on the autism spectrum and there are around 700,000 autistic adults and children in the UK. Autism is a spectrum condition and affects people in different ways. Like all people, autistic people have their own strengths and weaknesses.

Research based information:

https://www.autism.org.uk/

https://www.ambitiousaboutautism.org.uk/information-about-autism/education
https://www.theautismpage.com/

Links to Local Groups

Lincolnshire Autistic Society

G.A.I.N Grantham area
www.paactsupport.com
Rainbow Stars Sleaford Area

Strategies to support your child

- Children with Autism need structure and routine. You can help by using visual timetables to let them see what is happening at each step of the day, so they know in advance what they will be doing next. This will relieve some of their anxiety. This website has some great examples of visual supports, linked to timetables and daily routine cards : https://www.autism.org.uk/advice-and-guidance/topics/communication/communication-tools/visual-supports
- Also you can create a free account at twinkl to access further visual timetables : https://www.twinkl.co.uk/resource/t-c-081-visual-timetable-for-home-1
- You might want to set a specific place for your child to complete their homework. At school they may use timers and visual support to help them break down their work into smaller achievable steps. The use of 'first….then' cards can help in sequencing work too. If their normal way of working is by using a laptop or 'scribe,' you can continue this at home
- If your child needs support with emotional resilience, the 5-point scale may be used to support children with managing their emotions : https://www.5pointscale.com/
- Social stories and comic strip cartoons can help children understand different situations and perspectives and address inappropriate behaviour : https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx
- If you need to support your child's Sensory needs, the following website is full of useful ideas : https://inclusiveteach.com/2020/03/20/150-sensory-learning-idea
- Mind mapping, is also a helpful tool to support your child structuring and developing written work : https://kidengage.com/blog/2019/02/mind-mapping-for-children-how-to-teach-children-to-use-mind-maps/

Activities for children

https://www.youtube.com/user/CosmicKidsYoga
http://www.brainparade.com/products/see-touch-learn-free/

What to do if I am worried about my child

Speak to your child's class teacher either in person, email or telephone.

enquiries@cranwell.lincs.sch.uk