### School BBQ

A reminder that the School PTA BBQ will take place tomorrow (Wednesday 25th June 2025) from 4:00pm – 5.30pm here at School. Please remember to bring cash for purchases. Thank you.

### Sports Days

This year's Sports Days will be held on: **Key Stage Two Sports Day**Tuesday 15th July @ 10:00am **Key Stage One & Foundation Stage Sports Day**Tuesday 15th July @ 1:15pm
More details to follow.

### Allergies-Urgent! Please read!

We currently have a number of children in school who have severe allergies. Please can I ask parents to ensure that packed lunches or snacks do not include nuts/peanut butter/sesame seeds, chocolate spread etc. We also have children who have a Coconut allergy. This includes coconut based foods, cosmetics and other products e.g. sun lotion and hand cream.

Please make sure you contact school if your child has any new allergies. Many thanks for your support in this matter.

### Late

Please can parents ensure that their children arrive at school before 8:50am.

If all of the gates are closed, parents must accompany their children into school to complete the school's 'Late Register' giving a reason for the late arrival.

The gates close at this time, and any child arriving after this point is late. Parents have a legal duty to ensure their child attends school on time. Lateness may result in you being served with a Penalty Notice or a summons to court. Parents have a duty to ensure their child's regular attendance at school and failure to do so is an offence under Section 444(1) of the Education Act 1996.

Lateness has a negative impact on everybody at school. Being late can:

- Disrupt lessons It is unfair on the teachers and other children in the class if another child enters the classroom once lessons have started.
- Affect the achievement your child and others
- Embarrass/upset your child when the class have already started their work

Being late adds up to loss of learning:

5 minutes late every day adds up to 3 days lost each year,

10 minutes adds up to 6 days lost each year,

15 minutes adds up to 10 days lost each year,

20 minutes adds up to 13 days lost each year,

30 minutes adds up to 19 days lost each year.

Being on time means not missing out!

Remember ... the School gates are open from 8:40 am

### Contact Details

Please ensure that the school office is notified of any change in your contact details. You can email into : <a href="mailto:enquiries@cranwell.lincs.sch.uk">enquiries@cranwell.lincs.sch.uk</a>

### Term Dates

### Academic Year 2024-25

Term 6: ends — Tue 22nd July 2025

#### Academic Year 2025-26

Term 1: Thur 4th Sept — Thur 23rd October 2025

Term 2: Mon 3rd Nov — Fri 19th Dec 2025

Term 3: Tue 6th Jan — Fri 13th Feb 2026

Term 4: Mon 23rd Feb — Thurs 2nd April 2026

Term 5 : Tue 21st April — Fri 22nd May 2026

Term 6: Mon 1st June — Wed 22nd July 2026

#### Academic Year 2026 -27

Term 1: Thur 3rd Sept — Fri 23rd October 2026

Term 2: Mon 2nd Nov — Fri 18th Dec 2026

Term 3: Tue 5th Jan - Fri 12th Feb 2027

Term 4: Mon 22nd Feb — Thurs 25th March 2027

Term 5: Wed 14th April — Fri 28th May 2027

Term 6: Mon 7th June — Wed 21st July 2027



### Travelling to and from School

We openly encourage children to either walk or ride their cycles to school, but they must do so safely.

#### Top Tips for Riding to School

- Ride with your children.
- Do not let your child ride to school if they are not riding with you, or not attending Bikewise Training, or not safe to do so alone.
- Wear a properly-fitted helmet. It is the best way to prevent head injuries and death.
- Ride on the pavement when you can.
- Use hand signals and follow the rules of the road.
- Wear bright colours and use lights, especially when

riding at night and in the morning.
Please see below some useful websites to help you teach your child the rules about cycling:

https://bikeability.org.uk/cycle-more/family-cycling/ essential-cycling-skills-for-families/

https://www.raleigh.co.uk/gb/en/cycling-advice/riding-guide -cycling-to-school-safely/

Please can we all help keep everyone safe by ensuring children dismount their scooters and bicycles as they enter the school grounds. Many thanks.

### Mobile Phones and Watches

We do not support children bringing mobile phones into school, however we do realise that some older children need them for safety reasons if they are walking home alone. If this is the case, phones must be left with the class teacher during the school day.

The school is not responsible for damage or loss of phones. We do not allow watches into school which take photographs or have communication capabilities. Please understand this is for Safeguarding purposes.

### Packed Lunches

If you want ideas on how to make a healthy packed lunch: www.nhs.uk/change4life/Pages/healthy-lunchboxpicnic.aspx ...have got some great ideas for you, and in no time you'll have delicious lunchbox ideas for all the family.

Take the lunchbox list with you when you shop - it will help you avoid reaching for tempting, less healthy foods, and it could save you time and money too!

### Ordering Hot Meals

Please remember that infant classes are provided with Universal Infant Free School Meals. Please remember to order and outline any allergies. Children in Key Stage 2 currently can order hot meal lunches through Ideal School Meals, our food provider, or parents may wish to send in a packed lunch instead. Children in Foundation Stage and Key Stage One also receive a piece of fruit each day through a Government initiative.

### Healthy Snacks at Playtime

Just a gentle reminder that your child needs a healthy snack for break time and a water bottle to take into their class.

Whilst some of the cereal bars do offer health benefits, they also contain a high level of sugar which is detrimental to your child's teeth, leading to tooth decay. Fresh fruit, vegetables, raisins or cheese for their morning snack are the best choices and we would ask children to save their other snacks for lunchtime. If your child has access to fresh water throughout the day, then they are able to remain hydrated and concentration levels are improved, aiding good progression.

### Lunches

If you want ideas on how to make a healthy packed lunch: www.nhs.uk/change4life/Pages/healthy-lunchboxpicnic.aspx

...have got some great ideas for you, and in no time you'll have delicious lunchbox ideas for all the family.

Take the lunchbox list with you when you shop - it will help you avoid reaching for tempting, less healthy foods, and it could save you time and money too!

### Twitter & Facebook

Check out our fantastic twitter page at#@CranwellSchool

You can keep up to date with the exciting things going on in school by following our Twitter account on the school website and #@CranwellSchool

School can be found on Facebook at

https://www.facebook.com/share/162GGHnwTm/? mibextid=wwXIfr

### The Importance of Reading

It is important that children experience a broad curriculum. Learning about our World, the people within it and its climate are important. Keeping fit and healthy is vital for the children to reach their potential. Maths, writing and spelling are just as important in the casserole of learning a child needs. A child's reading skills, however, underpin their success in school in all subjects, as they will allow them to access the breadth of the curriculum and improve their communication and language skills. Reading opens more doors to new worlds for our children.

### What difference can I make as a parent?

You can make a huge difference! Parents are just as important as teachers. Reading to your children and listening to them read is so important for their development.

### How to encourage your child to read?

Here are some websites with great ideas to encourage your children to read:

https://www.readingrockets.org/article/encouraging-yourchild-read

https://www.english.com/blog/motivate-children-readingfive-fun-activities/



### School Vacancies

### Supply Learning Support Assistant

Successful applicants to preferably hold NVQ Level 2/3 Teaching Assistant Qualification or equivalent.

Salary - Dependent on role:

Either (G2-03 - G2-06) - pro rata based on 37 hours.

٥r

Salary (G2-06 - G2-09) - pro rata based on 37 hours.

The applicant will be able to demonstrate the ability to:

- work with individual children, small and large groups within/and outside the classroom
- input, analyse and reflect on assessment data
- be able to display excellent Maths, English and Computing skills.
- be a dedicated and enthusiastic Teaching Learning Support Assistant with high expectations to raise standards for all children
- have the ability to work with children with additional needs in a caring and sensitive way in partnership with the school and family to ensure the development and progression of the pupil's outcomes
- have a good working knowledge of the Special Educational Needs Code of Practice, working closely with the SEND team/class teacher through the assess/plan/do/review model
- Have an understanding of Sensory and Physical needs
- Have an understanding of supporting individuals with Education Health Care Plans (EHC Plans) and be able to deliver specific interventions
- Have a calming, patient attitude with excellent behaviour management skills
- be flexible, and happy to join a motivated, supportive team.
- be able to show skills in display work to enhance the learning environment.
- be willing to take on additional duties to aid the running of the school such as play duties.
- be able to go above and beyond to support the school.

### Supply Midday Supervisors

Our School requires Supply Midday Supervising Assistants (MSA) to cover sickness and absence of current staff. The role will be for 1.5 hours on the days required: 11.45am to 1.15pm.

The successful candidates must be willing to help within the hall for lunches, including setting up the hall with tables and chairs, cleaning equipment, managing waste collection and supervising the children. The role will also include outside play duties involving supervising the children, structuring and arranging games and play activities for the children across the school or work with individual children with their EHCPs.

Patience and good behaviour management skills are essential, along with a good sense of humour.

You will be supported by colleagues who are enthusiastic about their contribution to pupil development and table manners. The appointment will be subject to both a full D.B.S. clearance and reference checks. Knowledge of Safeguarding and Child Protection would be an advantage, and training will be provided by the School.

### Application forms are available from:

Online at: <a href="https://www.cranwell.lincs.sch.uk/Downloads.asp">https://www.cranwell.lincs.sch.uk/Downloads.asp</a>

Applications should be duly completed, along with a supporting statement no more than 2 sides of A4 demonstrating their suitability for the role.

Please email Application forms to enquiries@cranwell.lincs.sch.uk

Closing date for applications: - n/a Interviews scheduled for : - TBC

Cranwell Primary School is committed to safeguarding the welfare of children and young people and expects all staff and volunteers to share this commitment. All employees will be subject to an enhanced DBS check.

In accordance with Part 7 of the Immigration Act 2016 (Fluency Duty), the ability to converse at ease with customers and provide advice in accurate spoken English is essential for the post.

Cranwell Primary School is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff and volunteers to share this commitment.

Here at Cranwell Primary School, we want our workforce to reflect the make-up of the community we serve. Therefore, we welcome all applications irrespective of gender, ethnic origin, belief, sexual orientation, age or disability, and we consider ourselves to be a family friendly employer.

We will be conducting an online search as part of our Safer recruitment procedures.

Application forms for unsuccessful candidates will be kept for 6 months and then destroyed.

All shortlisted candidates will need to verify their eligibility to work in the UK at interview.



### Supporting Toileting Skills

Please find attached a presentation created by the lead continence nurse.

The Health Team follow the 'One step at time' programme. Health offers virtual toileting sessions that parents can join, offering 2 on toileting with one being aimed under 3.5 years and a more in-depth version for those over and up until the end of reception. Parents can contact children's health to ask for these on 01522 843000

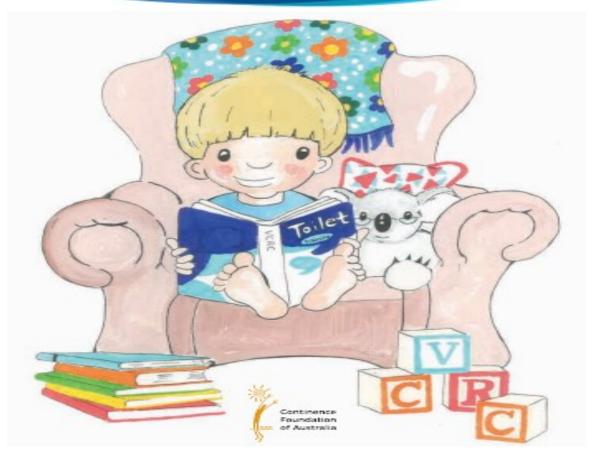
One Step at a Time - The Expert Toilet Training Guide

https://www.continence.org.au/resource/one-step-time-expert-toilet-training-guide?v=13501

This can also be found on our School Website at  $\underline{\text{https://www.cranwell.lincs.sch.uk/SEN\%20and\%20Our\%20Local\%20Offer.asp}$ 

### ONE STEP AT A TIME

The Expert Toilet Training Guide



Other useful websites include:

https://eric.org.uk and https://www.nhs.uk/baby/babys-development/potty-training-and-bedwetting/how-to-potty-training-and-



### Sensory Processing Differences Webinar

The NHS, Lincolnshire County Council, Lincolnshire Parent Carer Forum (LPCF) and Aspens have worked collaboratively to create an online support workshop for parents and carers of children and young people with sensory processing difficulties.

By sensory processing differences we mean:

Sensitivity to certain sensations such as loud noises, smells, the feel of their clothes or another person's touch. Common sounds may be painful or overwhelming; the light touch of a shirt may chafe the skin, and these experiences interfere with the child's ability to engage in daily activities.

Avoiding these sensations through certain behaviours.

Lacking awareness of/not being sensitive enough to certain sensations such as food around their mouth, movement, and body position. Being unable to tell where limbs are in space or not being able to engage in conversation or play. Actively seeking sensations through behaviours such as chewing non-food items, fidgeting or being generally on the go. The workshop will be held online via MS Teams by a Behavioural Specialist from Aspens, it will be approximately two hours. Please ensure that you have accessed the resources prior to attending the workshop.

The workshop will not seek to provide a diagnosis but will provide information, advice, and techniques on how to help you better understand sensory processing, and it will cover strategies and equipment that will help you to support your child.

You can register to attend the webinar using this link - <a href="https://www.lincolnshirechildrenstherapyservices.nhs.uk/training">https://www.lincolnshirechildrenstherapyservices.nhs.uk/training</a> or via the OR code below.

- Please note, this event is only available for Lincolnshire parent/carers/professionals.

Grace Heaton,

NHS Lincolnshire Integrated Care Board



Register to join our free online

Sensory Processing Differences Webinar

with Behavioural Specialist, Chris Foster.

Each session will provide information, advice and techniques on how to help you better understand sensory processing, and it will cover strategies and equipment that will help you to support your child.

We have sessions on the following dates:

8<sup>th</sup> July 2025

23<sup>rd</sup> September 2025

You do not need to attend both dates
Sessions will take place from 10.30 - 13.00

via Microsoft Teams.



To find out more or to register, please visit <a href="https://www.lincolnshirechildrenstherapyservices.nhs.uk/training">www.lincolnshirechildrenstherapyservices.nhs.uk/training</a> or scan the QR code





### What is Lumi Nova?

Everybody worries sometimes, but sometimes worries stay and can have a big impact on your child's life.

Lumi Nova can support your child by helping them set goals and challenges to overcome their worries, one step at a time.

- NICE recommended digital therapy through a fun mobile game (smartphone/tablet)
- ★ For 7-12 year olds
- ★ Supports mild to moderate fears, worries & anxiety\*
- Based on Cognitive Behavioural Therapy (CBT) and provides Psychoeducation and Exposure Therapy - The gold standard of care for treating anxiety
- Safe, effective & easy to use

# Using Lumi Nova can help your child:

- Learn life long skills on how to self manage their worries
- Learn how to breakdown fears and worries into manageable steps
- Build confidence and resilience by completing small challenges in the game and in real life
- Understand what worry and anxiety is so they can learn to cope
- Talk about their own worries in a way that is non-stigmatising



\*Lumi Nova is for children aged 7-12 experiencing mild to moderate anxiety. It is not recommended for use by children with severe anxiety, in crisis, experiencing suicidal thoughts, or at risk of self-harm without the support of a mental health professional.

See instructions for use: bit-ly/luminova-ifu



To learn more visit: luminova.app

### Choose from 15 worries your child can tackle

To help build confidence, you'll need to shortlist 3 Missions that are relevant to your child, practical to do and easy.

Your child will then be able to choose a Mission to work on which is broken down into smaller goals and challenges to help your child progress.

The first few challenges happen in the game (imagine, draw, photos, and videos) and then progress to real life challenges that will need your support.

To learn more about each Mission visit: luminova.app/missions

- 1. Be comfortable staying at home without my parent or guardian
- 2. Be ok making a mistake on school work or a test
- 3. Be able to sleep away from home overnight
- 4. Be comfortable speaking in front of a group
- 5. Be able to sleep on my own
- 6. Feel comfortable visiting a crowded or busy place
- 7. Be able to spend time in the dark
- 8. Be able to spend time near a dog
- 9. Be able to spend time near insects or spiders
- 10. Try to make a new friend
- 11. Feel comfortable going to a party or social gathering
- 12. Feel comfortable going to school
- 13. Be able to spend time in a high up place
- 14. Be able to eat or drink in front of other people
- 15. Be okay seeing vomit or thinking about vomit

### HOW TO GET STARTED WITH LUMI NOVA & YOUR ROLE

### Step 1: Register for free access to get your game key

- 1. Scan the QR code or visit luminova.app/lincolnshire
- Validate your postcode and complete the registration form.
- Complete a short 4 question survey, to receive a text message with your game key.

### Step 2: Download Lumi Nova & activate

- You'll receive a text message with your game key. Please keep this safe and secret you'll need it to
  access the app and later for the 'real life' challenges too.
- 2. Download the app on a device your child has regular access to and activate it with your game key.

### Your role as a co-pilot:

- 1. Activate and set up the app by shortlisting 3 Missions for your child to choose from.
- Set a regular time in a quiet place for you and your child to use Lumi Nova together.
- Support your child to complete real life challenges (unlock and approve these with your game key).
- 4. Complete weekly surveys sent to your phone via text message.

Recommended usage: 15-30 mins, 2-3 times per week to use Lumi Nova with your child.

Need support using the app? Email us at: support@bfb-labs.com



In partnership with

NHS
Lincolnshire Partnership



For resources and more info visit: luminova.app/parents