



DANGERS

Can you number the following dangers on the picture?

- 1 Call for help as soon as possible
- 2 Always use a safe rescue, never go on the ice
- 3 Never follow animals on the ice
- 4 Lie on your back and use something that floats to stay on the water's surface
- 5 Obey warning signs
- 6 Ice is thin around drainpipes, trees and plants
- 7 Ice is always thin around man-made structures and at the edge of river banks

Keep your family SAFE, learn the code:

SPO1
spot the dangers

ADVICE
follow safety signs and advice

FRIEND
always go with friends or family

Emergency
shout for help and call 999





Winter safety

This poster it designed to help you enjoy water safely in winter.

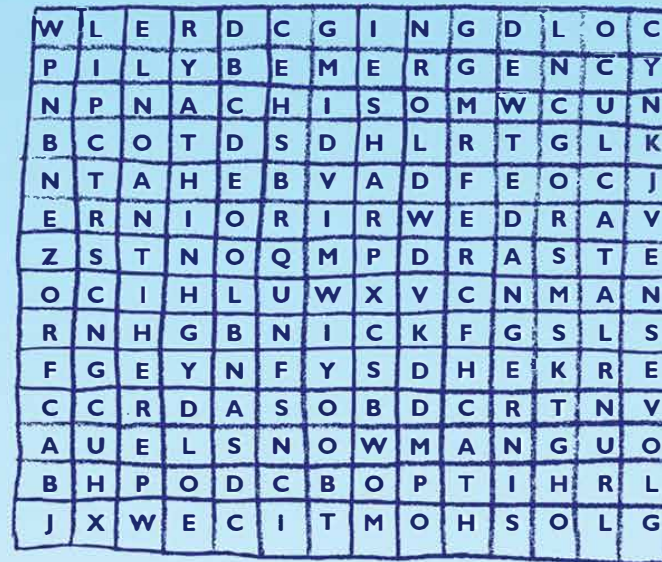
Winter Safety Advice:

- Pay attention to water safety signs
- Don't go on to the ice, it is not safe
- Never go on to the ice to rescue someone, try to reach them with an object
- Keep clear of the water's edge in case you fall in
- Never play in floodwater, you may get swept away or it may be deeper than you think

Contact RLSS UK to find out how you can become a Rookie Lifeguard and learn lifesaving and self rescue skills.

01789 773994 or info@rlss.org.uk

Wordsearch



WINTER
ICE
CRACKS
COLD

SIGNS
FROZEN
THIN
EMERGENCY

SNOWMAN
GLOVES
DANGER
SHARP

Draw a snowman lifeguard!



Why not share your pieces of art with us? Simply post with the #watersafety.